

NATURAL IMMUNITY



by

PAT McKAY

Author of Reigning Cats & Dogs

NATURAL IMMUNITY
Why You Should NOT Vaccinate!

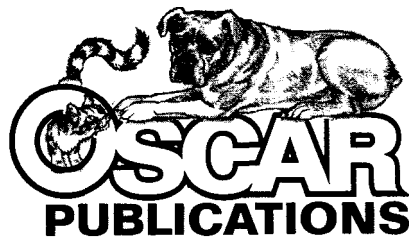
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Author of

Reigning Cats & Dogs

Good Nutrition

Healthy Happy Animals



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This book is not intended, nor should it be regarded, as
allopathic veterinarian medical advice.

The fields of health hold widely varying views. The intent of
this book is to provide information to help you make an
informed decision whether to use naturopathic methods of
caring for your own animals, which is your constitutional
right.

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Chapter

1 A MESSAGE	1
2 AN EPIZOOTIC	5
3 A CONTROVERSY	22
4 AN INFORMED CHOICE	28
5 A CONNECTION	32
6 A CONSPIRACY	49
7 A NATURAL REARING	57
8 A SCAM	80
9 A SCOURGE	98
10 AN ALTERNATIVE	104
11 A NATURAL IMMUNITY	121
A Letter of Exemption	131
An Epilog	132
A Bibliography	135
A Resource	141
About the Author	146
Index	148

***If you believe
a law
is immoral
you have a duty
to
disobey it.***

A FOREWARD

by

Celeste Yarnall

The first time my daughter, Camilla, went to the pediatrician, he gave her the DPT vaccine.

I had done the Lamaze method of childbirth, was breast-feeding her and was eating a vegetarian, fresh, natural, raw diet. I was taking organic supplements in order to be the best mom I could be.

I thought this traditional visit to the doctor was a part of being a good mom.

When he injected her, she screamed bloody murder and, for the first time, cried real tears. Great salty torrents poured down her little pink cheeks. It broke my heart.

It was at that moment that I knew this was a flawed and dangerous concept. But back then I didn't have the information to give me the courage to "buck the system."

At last, here it is. This wealth of information Pat McKay has collected is nothing short of extraordinary. What you are about to read will come as a great shock to many of you.

We all know when we do something that is wrong and against nature, but we don't always listen to that wee, small voice we hear in our heads. We, instead, trust those learned individuals whom we so willingly turn our care and feeding over to rather than trust our own instincts. But do we really know?

NATURAL IMMUNITY-Why You Should NOTVaccinate!

Each one of us truly unique living beings was programmed for survival, and inherent in that ability to survive is contained a "knowing."

Despite it all-the pollution, the stress, the drugs, the vaccines-we survive, much of the time by that knowingness. But how well are we surviving?

What is glowing health? Has anyone we love experienced it since being assaulted by these suspicious substances? I think not.

Then why do we do it? Fear. Fear drives us against our "knowing." And so it is out of this negative, destructive emotion that we act blindly and destroy the one thing nature gives us to survive-our immune system.

It's time to stop reacting out of fear and have the courage to make informed choices. I stopped vaccinating my cats because I am informed. I have all the evidence I need now.

Thank you, Pat McKay, for not only teaching us how to feed our companion animals a fresh, raw, natural diet, but for also giving us the courage to trust in our God-given right to protect ourselves from the brainwashing we have all been bombarded with regarding vaccines.

Now we know the truth, and the truth will always set us free-free to not subject anything or anyone we love to this abuse and a lifetime of chronic ill health.

Welcome to a world grounded in courage.
With courage we can travel the road to real health-the natural way.

Pat McKay: My classmates and I were given a polio vaccine in a cube of sugar followed with a candy bar as a reward. Sugar and vaccines, what a disastrous combination.

Because this was almost fifty years ago, there are some details I do not remember; however, some are still very vivid, especially the pain.

I was going to a Catholic boarding school in south Minneapolis along with forty-six other girls. I believe there were eight or ten students that had full-blown polio and many others who were ill for short periods of time, but no paralysis.

Polio was an epidemic across the country. The hospitals were full, so we had to stay at the school while being treated. It was our good fortune that Sister Elizabeth Kenny was in Minneapolis at that time. She had a wonderful method of treatment, which was not being recognized by traditional medicine, and she accepted the invitation from the sisters at our school to instruct them in her method of treatment.

Sister Kenny's treatment involved moving the affected muscles at all times, at all cost. The pain was excruciating. Three sisters would hold me down and one would move my head. My paralysis was in my neck muscles. No matter how I screamed or carried on, they continued the treatment. Within three months I was able to move my neck on my own and within a year, no one would suspect I had any problem, except for

the constant pain in one of the muscles in the right side of my neck, which would become worse whenever I was under stress or got chilled.

I grew accustomed to the pain and discomfort over the next forty years, and in my early fifties I took my first constitutional homeopathic remedy. Within two hours of taking my remedy I had that same excruciating pain, which lasted about ten minutes, and since then for the past ten years not one bit of pain or discomfort in my neck. Yes, homeopathy is miraculous.

Every time I see or hear about an animal or a child being vaccinated, it is as if I had been stabbed. So much of the suffering in my life comes from vaccines. My parents thought they were doing the right thing. I remember telling them how I dreaded vaccinations and how sick I felt afterwards. How can something be good for you that is so invasive?

Some people feel that maybe one or two vaccinations are good for various reasons. That is not true.

Animal nutrition is my first love and concern. We must feed our beloved companion animals fresh, raw, whole foods. We are losing our cats and dogs (and children) to serious maladies because most of them have been eating junk food for the past fifty years since canned and dry food has been available.

However, even if you feed them fresh, raw food and yet you continue to vaccinate, you will suppress and eventually destroy their Life Force, physically, mentally and spiritually.

Please don't use the excuse that it's the law.

First of all, there are no laws for any vaccinations except rabies. Secondly, laws are not always in our best interest. Don't just blindly follow. Be creative. Your animal (and your child) is your primary concern. Do what you need to do to protect your cats and dogs and children.

Viera Scheibner, PhD Lecture given in Santa
Monica, CA July 16, 1995

Who is irresponsible, the one that studies and makes the decision not to vaccinate or the one who vaccinates without asking questions?

Pat McKay: Last year I was "caught" and told I had to vaccinate Ross, my seventeen-year-old yellow Lab-mix. I immediately went to an allopathic veterinarian, Rolando Vasquez, DVM, and he agreed to give me a letter of exemption, which was good for six months.

I took that letter to the City of South Pasadena who promptly said that I had to have a two-year exemption.

I went back to Rolando who said that by law he could only give a six-month exemption.
So, as usual, the bureaucracies don't match up. The City of South Pasadena said they couldn't

do anything further. I was fined \$90 and told to either pay the fine and vaccinate my dog or I would have to go to court. Here in South Pasadena the crime of not vaccinating your dog is handled by the criminal court division.

My day in court, along with car-jackers, muggers and burglars, was very quick. The city defense attorney approached me in the audience part of the courtroom and said, "You are here for what?" She was stunned. The judge was kind enough to hear my case first with practically the same reaction. Without my saying one word, the judge turned to my appointed defense attorney and said, "Counselor, I believe we can dismiss this case." Also, the judge did not make me pay the fine.

I now have a court order that says Ross does not have to be vaccinated.

My only disappointment is that I had a grand speech all prepared to cover all the reasons why Ross should not be vaccinated and I did not get the opportunity to say even one word.

Pat McKay: Medical doctors, scientists and other professionals that I quote in this book have done a superlative job in putting together excellent information warning the guardians of animals and children about the deadly effects of vaccinations. I hope to bring that information to you in a short, sweet and succinct fashion, because you need to know the truth.

If after knowing that some of the health hazards from vaccinations include AIDS, allergies, arthritis, asthma, autism, blindness, cancer, cataracts, cerebral palsy, chronic ear infections, conception rate lowered, encephalitis, epilepsy, fibrosarcoma at the vaccination site, hyperactivity, hyperthyroidism, hypothyroidism, interdigital pyoderma, juvenile type diabetes, learning disabilities, leukemia, lupus, meningitis, mental retardation, multiple sclerosis, paralysis, short lifespan, sudden infant death syndrome (SIDS), tuberculosis, damage to and/or failure of heart, kidneys, liver, pancreas and other organs of the body, and **ALL** of the diseases for which your animal or child were vaccinated, are you still willing to take that risk of vaccinating? **If so, WHY? There is no proof that vaccinations work at all.**

The general public has been sucked in to believing that **decayed animals, diseased blood, sera, bacteria, viruses, fungi, mucous, pus, urine, feces, antibiotics, formaldehyde, mercury derivatives, acetone, aluminum**

and carbolic acid put into a mixture; shot through our greatest protector, our skin; directly into our blood system is the answer to keeping us free of disease. How barbaric.

Yet, the majority of people really do believe this works. There is no proof, but if you hear something often enough, it becomes "true" whether it is or not. This is what has happened with vaccinations.

Have you ever asked your veterinarian or your pediatrician before they vaccinated your animal or your child for written medical proof that the vaccines work?

The information in this book, for most lay people, will come as a complete shock. When the realization hits, please don't blame yourself or feel guilty. You counted on your doctor to tell you the truth. And in defense of these medical professionals, most of them don't know the truth either, as you will hear from veterinarians themselves in this book.

The medical community has been brainwashed. They are told in medical school that vaccines work, and they take it on faith. Most veterinarians are sincerely interested in the best care for their patients; however, because new concepts of vaccination are currently being taught in veterinary schools, that just continues to perpetuate the veterinarian's belief in them.

Western or allopathic medicine is always saying they have to have proof, double-blind studies, and yet, has your veterinarian ever shown you proof that vaccinations work?

One of the most frightening aspects of vaccines is that studies are done on as few as five to fifteen animals for as little time as three months before allowing them to be used nationwide. You will read many quotes similar to the following in this book.

Viera Scheibner, PhD, states, **"I did not find it difficult to conclude that there is no evidence whatsoever that vaccines of any kind-but especially those against childhood diseases-are effective in preventing the infectious diseases they are supposed to prevent. Further, adverse effects are amply documented and are far more significant to public health than any adverse effects of infectious diseases.** Immunizations, including those practiced on babies, not only did not prevent any infectious diseases, they caused more suffering and more deaths than has any other human activity in the entire history of medical intervention. It will be decades before the mopping -up after the disasters caused by childhood vaccination will be completed. **All vaccination should cease forthwith and all victims of their side effects should be appropriately compensated."**

Pat McKay: Throughout the book all the **bold type** is mine. I hope it helps as a reference for prominent points of interest.

All the quotes are verbatim, word-for-word, from books, speeches and articles, so some points may be repetitive or similar. I want you to know that this information comes from many reputable sources and even they have slight, and sometimes profound, differences.

Some of the opinions I personally disagree with; however, I want you, the reader, to have the information to make your own decisions and choices.

The following compilation of evidence excerpted from thousands of pages from medical journals on information written by experts about vaccines will explain to you how and why you have been deceived concerning vaccinations.

CHAPTER ONE

A MESSAGE

Pat McKay: For years I have felt that vaccinations caused much of the illness in the world. The fear, guilt and intimidation put upon us by the medical community, the media and politicians would certainly lead you to believe otherwise. **However, after hearing Viera Scheibner, PhD (Natural Sciences), speak out in total opposition to vaccinations, I knew my feelings were true. She had solid medical proof, after going through some 30,000 pages of medical papers dealing with vaccines, that there is no evidence of their effectiveness or safety.**

We as the guardians of our animals and children have the responsibility and the obligation to protect our loved ones. Just because some "authority" figure says this is what you must do, don't succumb; ask questions; ask for medical proof; get a second opinion. **Your loyalty is to your animal and your child, not to rules, regulations and laws by a politician or a doctor.**

When you read **Dr Viera Scheibner's** book, *Vaccination, 100 Years of Orthodox Research Show that Vaccines Represent a Medical Assault on the Immune System*; Eustace Mullins' book,

Murder By Injection; and Dr John Fudens' book, *The Affinity Holistic Clinic's Layman is Handbook to Holistic Care*, **you will know that making vaccinations mandatory is not about protecting our animals and children, but about money and greed.**

What happened to the part of the Hippocratic oath that states: "...to **work for the good of the patient, to do him or her no harm, to prescribe no deadly drugs, to give no advice that could cause death ...** "? In this world of drugs we are getting far afield from taking care of our bodies in a common-sense, naturally healthy way.

Everyone wants a quick fix! We have been led to believe that vaccinations are just that.

Yet over and over, animals and children come down with the very disease for which they were vaccinated. So why do people continue to give them? Because the medical and the political bureaucracies promote vaccines, while rationalizing and denying the devastating effects of them.

More than 100 years ago vaccines were described in medical journals to be noxious substances " ... and that when injected into the blood stream they do not immunize, they sensitize," causing allergies, respiratory problems and other autoimmune diseases.

If you are waiting for the medical community to discontinue vaccinations, it won't happen.

Now, I don't believe for a moment that any

medical doctor would knowingly give vaccines if they believed it would make your loved one ill. However ... 1) they are force-fed statistics in medical school and it continues throughout their practice from the pharmaceutical companies; 2) studies, tests, and research are made to favor pro-vaccination in the same way as the tobacco industries' studies do concerning cigarettes; 3) doctors are also in fear of liability because vaccinations are presently the accepted norm; 4) much of their income comes from vaccinations; 5) it is often that very vaccination that causes the child or the animal to come back again as a patient with illnesses caused by the vaccines they were given, which perpetuates the physician's practice; and foremost 6) the majority of medical doctors just don't entertain any conscious thought about the deadly effects of vaccines.

I often hear that "My dog, cat or child has had vaccinations and they are okay." How do you know? The body harbors many of these illnesses for years. We have no idea what the incubation period is or how long the body holds these poisons in abeyance.

A few months ago, an old smallpox vaccine came out on my thigh as a skin cancer. I was given that vaccination fifty years ago. I knew it was from the vaccination, because when it first came out it formed the same type of scab and angry redness over the scarred area. What a memory the body has.

The more you give vaccinations the more the body succumbs. I equate it to being hit with a bat. The first few times you keep getting up;

then you realize that every time you get up you get hit with the bat again, so for survival you don't get up any more. With vaccines, the immune system keeps trying to "get up" by showing signs of simple, acute problems, but finally after being hit over and over again with vaccines, antibiotics and steroids, it just doesn't respond anymore. Then the serious autoimmune problems take over within the system and most often it is years before you outwardly see the symptoms.

Richard H Pitcairn, DVM, PhD (Immunology), warns, "If I may venture to make a prediction, it is that fifty to one hundred years from now, people will look back at the practice of introducing disease into people and animals for the purpose of preventing these same diseases as foolishness ... a foolishness similar to that of the practice of blood letting and the use of toxic doses of mercury in the treatment of disease."

Viera Scheibner, PhD, "The well-vaccinated United States is experiencing epidemics of infectious diseases in fully vaccinated children. No amount of denial and underreporting will cover up the one most obvious fact, namely, that vaccines do not work."

Pat McKay: All beings were created with a marvelous immune system. If we take care of this omnipotent system the way we should, it, in turn, will take care of us. People and animals who start eating fresh, raw foods, get plenty of exercise and practice natural health care will immediately begin to flourish. This is the way to take care of our immune systems. NATURAL IMMUNITY.

CHAPTER TWO

AN EPIZOOTIC

NUTRICARE NEWS

August 1988

The Vaccination Question by Richard
Pitcairn, DVM PhD

There is probably no more troubling issue in holistic veterinary medicine today than the question of giving vaccinations to animals. There is compelling and suggestive evidence, at least to many perceptive clinicians, that they do more harm than good. As a way to get into this discussion, let's look, first, at some of the concepts behind the vaccine idea.

As developed and used by the medical profession, vaccination is based on two notions. The first one is that if the patient can be given a disease that expresses itself in a very mild form, then immunity (later protection) will develop just as it would with the usual, more virulent, infection. This immunity would obviously allow protection without having to go through the discomfort or even life-threatening experience of the disease itself.

The second notion is that this milder disease is not harmful in any significant way.

Have these ideas been successful? There is controversy about this in the medical profession. Most practicing doctors think of vaccines as being highly safe and successful, yet those who are more knowledgeable in the field of immunology speak in more guarded tones. (I speak from some personal experience as my PhD training was in the field of veterinary immunology.) There are problems.

Without going into excessive detail, there are two major problem areas. **The first has to do with the vaccination not "taking." That is, even though it is given properly, no immunity results.** There are many factors associated with this development, not the least of which is the inability of the patient to properly respond to the vaccine infection (read weakened immune system). **The second major problem is the report, in human beings, of illness, retardation, paralysis and death after vaccination.** Though this varies with different types of vaccines, it is a continuing issue. One needs only to mention the swine flu vaccination drive in the United States a few years ago (See Chapter Five) to bring to mind some of the things that can happen.

As if this were not enough fuel for controversy, let me add one thought. Over the last decade or so, there has been increasing use of combined vaccines. Rather than give each one individually and allow the body to deal with that infection, the practice now is to add them together and given them all in

one big "shot." Thus, it is not unusual for a dog to receive six vaccines, altogether at one time. Further, though this is hard to believe, I know that dogs being treated with corticosteroids for allergy problems are vaccinated just the same as other animals. One of the side effects of corticosteroids is the suppression of the immune system. Is this logical?

In my opinion, the result of this practice--frequent vaccination (once or twice a year) and of multiple injections at one time--is a confusing and weakening of the immune system. There is no precedent in nature for this kind of experience. When I was teaching epidemiology at Washington State University, my study of natural disease cycles in wolves and similar animals revealed something very interesting. When epidemics of disease sweep through a population (actually called an epizootic when involving animals), it is always one disease at a time. In wolves, this is usually distemper or rabies; often in different years.

What this means is that over millennia of evolutionary development, the animal body has adapted to responding quickly to infection; one at a time. What this means is that the practice of giving six or more infections at one time is highly unnatural.

To understand what can happen as a result of this practice, let us look for just a moment at the function of the immune system. Now, I am not going to use a lot of big words and talk about all the component parts of the immune system.

This is neither necessary nor helpful. If you wanted to understand what a car does would you need to know about cylinders, pistons, crank rods, spark gaps, etc? Of course not. Understanding what a car does involves understanding its function or use. A car moves things-mostly people, but also objects-from one place to another, along roads, highways etc.

In the same way, **what does the immune system do?** It recognizes and remembers what is supposed to be in the body. It is as simple as that. As the young animal grows, both before birth and after, the immune system goes through a learning process. "Ah, that's the liver. Supposed to be here. All right. Oh-oh, what's that? Looks like a splinter. Not supposed to be here. Let's get it out. Come on everybody, work to do!" Get the idea?

Now, like our brains, which also recognize and remember things, though of a different sort, there is a natural limit to its function. We all know that trying to take in too much at once only leads to confusion. Confusion means mistakes. Mistakes mean doing the wrong thing-or the right thing at the wrong time.

How would the immune system act if it became confused and made mistakes? Would it not react to what it was supposed to react to? Over-react? React to the wrong things?

What I think has happened is that the increased use of vaccines (once or twice a year, whereas it used to be only early in life; like for children) **and also combining vaccines together has confused the immune system.**

I think vaccines are the number one cause for the increase of chronic disease in animals. Yes, I know that nutrition and food are important in the health of animals; but this is nothing compared to vaccinations, which have such a direct impact on the immune system.

Think for a moment of the tremendous incidence of allergies in dogs. All those itchy skins, inflamed bowels, eczematous ears. Think of the hundreds of gallons of prednisone used to keep these over-reactions in check.

Think now of the tremendous epidemic of the AIDS-like Feline Leukemia disease. This is characterized by what? More often than not, the leukemic cat is brought to the veterinarian because it has some infection, a "cold," an abscess, that it cannot get over. At root, it does not have a functional immune system. Same story with feline infectious peritonitis.

The outcome of this confusion of the immune system is the development of a state that cannot properly respond to either naturally occurring diseases or to vaccinations. This connects then with the problem mentioned above: lack of protection after being vaccinated. Over a period of time, there will emerge a population which is not protected, in spite of "good" vaccinations programs. There will also be the emergence of an increasing number of autoimmune and immune deficiency diseases.

This is what I see in my practice. Many animals are not able to resist diseases that they should be able to resist. A common example is the cat vaccinated for feline leukemia

which within a short time (few weeks) comes down with infectious peritonitis, unresponsive anemia or some other serious and usually life-threatening disease.

The difficulty in recognizing a relationship here is conceptual. **If you go to your veterinarian and say, "I think my cat is sick from the vaccine you gave him a month ago," you will not be taken seriously.** I tell you from personal experience that within the veterinary profession, this possibility is almost universally denied. It is a question of faith, you see. There is absolutely no concept of a vaccine reaction which can result in increased susceptibility to another unrelated disease. **It is not a question of not believing in the possibility. It is not even considered.**

Well, let's say this concept takes root in your mind. What is one to do if vaccinations are not used? Certainly, it does not make sense to leave the animal unprotected in these times of increasing disease. There are two options that I can think of. **The first, my preference, is to raise the animal in such a way as to promote good health. This means good natural food, adequate exercise and fresh air, no vaccinations and judicious use of homeopathic remedies.**

Constitutional treatment is invaluable in terms of reducing susceptibility to all infectious illness.

The second (and these are not mutually exclusive) is the use of homeopathic nosodes, e.g.,

remedies made from products of the disease itself. There has always been a tradition and use of these products in human beings, and also very successful historical prevention of distemper in the dog with this approach. I am developing this method as an alternative to vaccination in my practice.

Wolf Clan Magazine
February/March 1995
VACCINOSIS

**Dr Richard Pitcairn Discusses Chronic
Disease Caused By Vaccines**

In this article we begin to address the subject of vaccinosis, the general name for chronic disease caused by vaccines. For some readers the very idea that vaccines are anything but wonderful and life-saving may come as a surprise, and it's not a very pleasant one. After all, the general population pictures vaccines as one of modern medicine's best and brightest moments, saving literally millions from the scourge of diseases like poliomyelitis and smallpox.

However, there is a great deal of statistical evidence to show that the incidence of these and other major communicable diseases was on the decline before the vaccine programs were enforced. Improvements in sanitation as well as nutritional teachings seem to be the obvious reason for the decline, since other

communicable diseases, for which no vaccines were available, were declining, and continued to decline, at the same time.

Richard H Pitcairn, DVM, PhD, author of Dr Pitcairn's Complete Guide to Natural Health For Dogs & Cats, is a renowned homeopathic veterinarian practicing in Eugene, Oregon. Dr Pitcairn received his PhD when he returned to school after becoming a veterinarian in order to study veterinary immunology, virology and biochemistry. This return to school was prompted by his search for basic answers about the bodis ability to defend and heal itself.

While Dr Pitcairn began homeopathic practice without considering vaccination as a factor of any special importance, he found a troubling number of cases in which the appropriately chosen homeopathic remedy, based on the symptoms present, would improve but not cure the case. After being frustrated by the lack of a definitive cure in these cases for some period of time, he began to believe that the cases represented a chronic state of illness induced by vaccination. His intuition proved to be correct when a remedy selected solely on the rubric (symptom) "Vaccination, effects of," rather than the seemingly correct remedy based on the total symptom picture, would in fact cure or greatly improve the case. The remedy Thuja, one of about forty remedies listed under that rubric, has proven to be one of the most important remedies for vaccine related disease.

Wolf Clan spoke with Dr Pitcairn this past

October about the question of vaccinosis. Some of his comments, from both that interview as well as the text of his address on this question in 1993 before the American Holistic Veterinary Medical Association, follow.

"My understanding of the importance of vaccination in animal disease gradually developed over several years. **In case after case, progress was dependent on the use of Thuja, the anti-vaccine remedy.** Though this was not necessarily the final remedy for these patients, it seemed to be a necessary prescription. **It is as if vaccinations have the ability to block response to a constitutional remedy, an obstacle that must be dealt with before cure can be underway.** Sometimes, when the picture is muddled, perhaps because of prior treatment with allopathic drugs, Thuja can bring clarity into the situation.

"This does not mean that in every case of previously vaccinated animals (which is nearly all animals, since vaccination of the parent is sufficient to confer chronic vaccine disease upon the offspring), Thuja should be given first. The practitioner still must take into consideration the whole history over the life of the animal and, if it is determined that an anti-vaccine remedy is the appropriate way to proceed, then determine which of them is indicated based on that particular animal. Among the anti-vaccine remedies are representatives from all the major classes of remedies-nosodes, vegetable remedies, mineral remedies. The holistic

practitioner must still look at the individual picture presented by each animal and decide where there is the most correspondence with an anti-vaccine remedy.

"When I first began to search the homeopathic literature for information about the relation of vaccination to disease, I found vaccination first clearly described as a chronic disease in the book *Vaccinosis and Its Cure* by Thuja with Remarks on Homeoprophylaxis, by J Compton Burnett, MD, the first edition of which appeared in London in March of 1884. Burnett refers to the chronic disease that results from vaccination by the name vaccinosis. Vaccinosis is to be understood as the disturbance of the vital force by vaccination that results in mental, emotional and physical changes that can, in some cases, be a permanent condition. Burnett also makes the interesting observation that, rather than protecting some individuals as planned, vaccination actually makes them more susceptible. The vaccination, having created a chronic disease ahead of time, can predispose the patient to a more serious natural illness which combines with the established vaccinosis.

"The laboratory modification of a viral disease to make a vaccination strain changes the virus so that its natural tendency to arouse a strong response is gone. Instead it can be introduced into the body in a form that does not elicit much of a reaction. The result is the establishment of a chronic disease that has never

been seen before in clinical practice. What I am suggesting is that, because of repeated vaccination, acute diseases such as canine distemper have changed form to appear as a great variety of chronic diseases, which are sometimes given new names from the mistaken idea that they are different and distinct diseases.

"In terms of effectiveness, one important point to consider is that it is not sufficient that the specific syndrome for which a given vaccine is administered not be seen. The overall level of health of the persons or animals receiving the vaccines is an equal indicator of effectiveness. There is not really a system for tabulating the incidence of the common diseases of dogs and cats. There are figures for some of the reportable diseases of livestock, but the rapid turnover of these animals makes long-term studies almost impossible. However, since there are statistics for the common human diseases, we can reverse the process we usually find ourselves using as veterinarians: instead of using animals to study human disease, we can use human disease to answer our questions about animals.

"Looking at the statistics available for smallpox, polio, measles and pertussis (whooping cough), we find that besides the fact that the incidence of these diseases was already declining before vaccination programs were enforced, the incidence actually increased once these programs were instituted. Some countries, looking at

statistics showing this lack of efficacy and increase in disease incidence, together with deaths resulting from reactions to the vaccination, **have terminated compulsory vaccination.** When Australia did so in the case of the smallpox vaccine, smallpox virtually disappeared in that country (three cases in fifteen years). In the case of the polio vaccine, many European countries refused to systematically inoculate their citizens, yet polio epidemics also ended in these countries as well.

"Measles is an especially interesting disease to look at because of its close similarity to canine distemper. The measles vaccine was introduced in 1963, even though in the United States and England a greater than 95 percent decline in the measles death rate had already occurred between 1915 and 1958. Also, the death rate from measles in the mid-1970s (post-vaccine) was exactly the same as it was in the early 1960s (prevaccine). **A study by the World Health Organization concludes that chances are 14 times greater that measles will be contracted by those vaccinated against the disease than by those who have not been vaccinated.** The federal government reported in 1985 that 80 percent of the 1,984 cases of measles occurred in people who had been properly vaccinated. More recently outbreaks have continued to occur throughout the country, sometimes among 100 percent vaccinated populations.

"One particularly harmful effect of this

continued use of a useless vaccine is that the disease now affects primarily a different age group. The peak incidence of measles no longer occurs in children, but in adolescents and young adults. As a result the risk of complications of pneumonia and liver abnormality have increased. Also, before the vaccine was introduced, it was extremely rare for an infant to contract measles. However, by 1993 more than 25 percent of all measles cases were occurring in babies under one year of age. The Center for Disease Control anticipates a worsening of this situation and attributes it to the growing number of mothers who were vaccinated during the last 30 years, therefore passing on no natural immunity to their children.

"In the process of training as a doctor or veterinarian, one goes in as a relatively naive young person. The conditioning is heavy; it costs a lot of money, and of course you want to do well. Students are told how wonderful vaccines are, and they don't really question it; they accept as a fact that they're these great boons to health, are never harmful, and have saved a lot of lives--it's black and white. The companies making the vaccines have great amounts of money and influence to campaign and advertise. You have a situation on the one hand where doctors are conditioned to accept and on the other hand companies powerful enough to squelch negative comment.

"I realize the topic is a controversial one, but I have observed that if one can look at the

question with an open mind, one will be surprised at the amount of evidence that is actually there. I believe that **the attitudes and feelings people now have about vaccinations are the same ones people used to have about bleedings.** The prominent doctors, all the most important authorities, agreed they were absolutely beneficial. Anyone who dared to question that assumption was ridiculed. Now we look back on that practice with amazement that so many people bought into the idea for so long that bleedings were helpful and good. I trust we will be doing the same thing someday when we look back at the practice of vaccinations."

*Dr Pitcairn's Complete Guide
to Natural Health For Dogs & Cats*
Richard H Pitcairn, DVM, PhD
and Susan Hubble Pitcairn

Harmful Effects of Vaccination

Besides the possibility that they may not work, vaccines might also cause an acute disease or a chronic health problem. I have often noticed certain animals getting ill a few days to a few weeks after receiving vaccinations. Often the explanation given is that the dog or cat was already incubating the disease and was going to get it anyway. Granted that this may occasionally happen, **in my opinion, most of these instances are illness from the vaccine itself.**

It is likely that the animal was in a weakened state and the vaccine virus therefore caused a more severe reaction than the "minidisease" intended. Whatever the reason, I have seen this problem occur most often after canine distemper, canine parvovirus, feline rhinotracheitis or feline calicivirus vaccines were given (sometimes these latter two also cause a low-grade nose or eye inflammation in cats, which may last for months). Other vaccines, like the feline leukemia vaccine, do not seem to induce the illness they are supposed to prevent, but instead create conditions for another equally serious illness. **The most frequent example of this, in my experience, is the occurrence of feline infectious peritonitis (FIP) a few weeks after administration of the feline leukemia vaccine.** Sometimes the second virus was already in the cat, but the immune system was strong enough to withstand it until weakened by the vaccine disease (that is, the immune system was not able to cope with both diseases at the same time).

Long-term effects are the more serious possibility. Over the years doctors practicing homeopathic medicine have accumulated information on the more subtle but stubborn problems of vaccination.

To quote a contemporary writer on the subject, George Vithoulkas, **'The experience of astute homeopathic observers has shown conclusively that in a high percentage of cases, vaccination has a profoundly**

disturbing effect on the health of an individual, particularly in relation to chronic disease."

This disorder "engrafted" onto an individual by injection of a foreign disease is called vaccinosis and can be associated with a wide range of conditions. In many cases homeopaths have found it necessary to address the effects of vaccinations before full health can be restored. For example, Vithoulkas describes the case of a woman with terrible anxieties that were the result of a rabies vaccination she received as a child. She had experienced this condition for almost 40 years until cured by a method of homeopathic treatment chosen to antidote the ill effects of this vaccine.

Do these chronic effects occur in vaccinated animals? Very definitely. They are among the most common problems that I face in my practice. I believe this because I have learned that it's usually necessary to use a homeopathic remedy that removes the effects of prior vaccinations before I am able to make significant progress in the difficult, chronic cases often brought to me. I have had a number of cases in which the individual dog or cat invariably took a turn for the worse whenever it was vaccinated.

Based on the experience of over 17 years of homeopathic practice, it is my opinion that **most animal skin allergies** (and similar skin diseases) **are the result of repeated annual vaccinations.** I also suspect that the **widespread increase in diseases caused by**

immune system disorders, such as hyperthyroidism, inflammatory bowel disease, lupus and pemphigus (a serious skin disease in which blisters appear on the skin and on mucous membranes in the mouth and elsewhere), **is a result of increased use of vaccinations especially of combination formulas.** These vaccinations are highly unnatural to the body. Under natural conditions an animal is exposed to pathogens, but its body has ways to defend itself at the normal points of entry (the nose, mouth or other mucous membranes). **When a combination vaccine is given, a massive invasion of several potent pathogens charges quickly into the bloodstream, bypassing the frontline defenses.** Is it any wonder that the immune system gets confused, "panics" and begins attacking the body itself?

Fortunately, many other veterinarians are now recognizing this problem. Reports have appeared in journals over the last few years describing diseases that follow routine vaccinations -- bleeding disorders, bone and joint inflammation, even tumors and cancers in some cats. At this point the attitude of most veterinarians is that these happenings are an anomaly. **I think it will take many more years for the realization to dawn that some degree of adverse health effects occur in the majority of those vaccinated.**

CHAPTER THREE

A CONTROVERSY

Pat McKay: Many health professionals, medical doctors, parents and guardians of animals are beginning to see the dangers of vaccinations. Unfortunately it has taken many chronic illnesses and deaths from these vaccines before people are taking notice.

Even veterinarians and pediatricians who are aware-because they are so controlled by the bureaucratic medical and legal systems-are afraid to state their concerns over the effects of vaccines, and rightly so. The AMA, the AVMA, other medical and legal organizations, city, county and state governments, peers, pharmaceutical companies, et al, would come down on them; they stand to be ostracized; to be put through lengthy and expensive legal proceedings; to lose their licenses to practice medicine; and ultimately, they may have to stop doing what they love, caring for animals and children.

Then we have the medical professionals who are brave enough to speak up and have suffered some or all of the above. My thanks to those

dedicated pioneers who are changing the system. Whether you are a medical professional, a guardian of animals, a parent, or all of the above, I am happy to say that at least now we do have a great deal of controversy.

Some quotes from Celeste Yarnall's book, *CAT CARE, NATURALLY*, bring out the concerns.

Celeste Yarnall: "Though vaccination has become a highly controversial subject, those who challenge the concept are sometimes treated as if they were against apple pie and motherhood. I consider conventional vaccines to be extremely dangerous. As you will see in this chapter, many veterinarians agree that vaccination is one of the most harmful things we do to our animals."

W Jean Dodds, DVM, "Recently, polyvalent (containing different viruses) vaccines have been shown to induce suppression of absolute lymphocyte responsiveness. Previous studies have shown a reduction in platelet count. Can antigenic overload from single or combination vaccines overwhelm the host's immune system" If so, can immunosuppression result?"

Richard Pitcairn, DVM, PhD, "If you knew when you gave a vaccination that you might save an animal from an episode of an acute disease, and you also knew that you would be sentencing the animal to a lifetime of chronic disease, would you still vaccinate?"

C Edgar Sheaffer, DVM, "Vaccinosis in animals is a true disease state. My own research

leads me to believe that some vaccines prevent acute disease by presenting a chronic disease in its place and that the disease will come back in a form that modern veterinary (allopathic) medicine is incapable of curing."

Dr Pitcairn, "In many ways, chronic panleuko-penia looks like feline leukemia."

Jeff Levy, DVM, "I believe that feline leukemia evolved because of vaccination for panleukopenia. And then with the vaccination for feline leukemia, the cat just came up with a different disease, FIV (Feline AIDS). You can see this in cats that are vaccinated and later turn up with all the symptoms of feline leukemia but still test negative. The disease is coming from the cat. And each subsequent incarnation that is necessitated by vaccination, by taking away a natural form, is more serious."

Christina Chambreau, DVM, "Poor nutrition and vaccinations are the primary causes of all chronic and most acute health problems our beloved pets experience today. Under conditions of optimal nutrition, the number of animals succumbing to infectious disease would decrease dramatically in three to four generations. This would virtually eliminate the pressure to develop and promote vaccines."

C E I Day, MA, Veterinary MB, MRCVS, "There is an awakening recognition among veterinarians of the connection between immunization and various illnesses and conditions, including bloat, stained teeth, ulcers, chronic gastroenteritis and seizures. After conducting controlled studies of the effects of both

vaccinations and homeopathic immunizations for kennel cough in dogs, I have concluded that this vaccine is not an advantage, but a health risk."

Celeste Yarnall: "A breeder friend of mine told me about how, when one of her buyers took a naturally raised, unvaccinated kitten for a checkup, the veterinarian talked her into going against her breeder's advice and she allowed him to vaccinate the kitten. The kitten died in its carrier on the way home."

Pat McKay: When an animal dies that soon after a vaccination, it is hard for anyone to dispute the cause. The greater danger is the cat, dog or child who has much more subtle signs of vaccinosis and develops a chronic disease over many months or years and the fact that it was caused by the vaccination is not apparent to the guardian of the animal or child. That is what I see over and over. Believe me, it is difficult to get the guardian to see the association, especially when the traditional veterinarian says there is no connection. Celeste gives an example of a typical traditional veterinarian reaction.

Celeste Yarnall, "My first Tonkinese litter contained four of the healthiest, most beautiful kittens I'd ever seen. The evening of their first kitten series of three-way modified live vaccine, they all ran a 105 temperature. One kitten's eyes crossed from the acute conjunctivitis and high fever. Another's eyes were damaged as a result of the infection and a third's eyes still run to this day. Coincidence? Genetics? I don't think so. My veterinarian didn't make the connection to the vaccine and inoculated them three more times,

completing the kitten series. The last two vaccinations were four-way, including immunization for chlamydia. I thought this was extraordinarily risky because it was my understanding that cats were never supposed to be vaccinated when sick.

"The terrible and costly ordeal continued:

Consultations with eye specialists mounted into thousands of dollars. Extensive blood work was performed. Steroids and antibiotics were administered. All these procedures only made matters worse. It took me over a year to restore health to these precious kittens through the use of homeopathic remedies.

"To make matters even worse, after this episode Chloe developed a cyst at the site of her last vaccination. Celina's hair fell out in a big round patch at her vaccination site, and several other cats suffered from a general malaise. Conventional veterinarians consider a symptom or condition to be a side effect only if it occurs within seventy-two hours of the vaccination. But holistic veterinarians tell me that vaccinosis can occur any time during the life of our cats."

Pat McKay: When people ask me what are some of the signs you see of vaccinosis, the list is so long, it is hard to know where to begin. The above disastrous experience is just one example.

Dr Pitcairn lists such symptoms as laziness or inaction, finicky or ravenous appetite, poor grooming, hairball vomiting or cough, cystitis, nephritis, inflammatory bowel disease, chronic upper respiratory infections, increased sexual desire, aggression, destructiveness, sucking on

wool, excessive licking and seizures.

Pat McKay: The controversy continues. What will really bring forth change is to have knowledgeable guardians, who stand up for their animals and children, ask questions, demand straight answers and make informed choices.

Confessions of a Medical Heretic

by Robert Mendelsohn, MD

My suspicion, shared by others in my profession is that nearly 10,000 SIDS deaths in the US each year are related to the vaccines that are routinely given to children.

The People's Doctor Newsletter
by Vera Chatz, Managing Editor, 1988

Dr Mendelsohn's position on childhood vaccines evolved gradually. At first, he took on only the pertussis vaccine, the most deadly and dangerous one of them all. But as years went on, he took on all the elephants. In the end, he **opposed all vaccines**, arguing that no-one knew what harm the injection of all those foreign substances into a child's body could cause during the course of a lifetime.

CHAPTER FOUR

AN INFORMED CHOICE

Russell Swift, DVM
Article dated October 19, 1995

Vaccines are the best known attempt by conventional medicine to practice preventive care. **Unfortunately, they are devastating to the immune system and are a major cause of chronic disease.**

The United States government has acknowledged the fact that many children suffer permanent brain damage after being vaccinated. They have even set aside funds to compensate families who incur such a tragedy. They claim the benefits outweigh the risks. Homeopaths have been espousing the dangers for decades.

Veterinarians are very aware of the damage they do. Upon examining the medical records of a pet with chronic health problems, I often find that the symptoms first appeared within three months of receiving their "shots."

Common sense should make any thinking person concerned about the negative affects of immunizations. **Who could think it is safe to inject several mutated viruses and/or bacteria directly into the body? This**

bypasses all of the primary defense systems, e.g. skin, mucus, tears, saliva, gastric juices, etc. These organisms are absorbed directly into the blood stream and lymphatic system without the body receiving its usual early warnings from the primary systems.

The body is hit with a barrage of foreign substances including antibiotics, preservatives and adjuvants (chemicals designed to irritate the immune system thereby "increasing" the protective response). It should come as no surprise that many animals and people cannot withstand such an attack without sustaining damage.

Studies have shown that vaccines can be immunosuppressive for sometime after administration. Yet, vaccines are often administered to sick individuals.

In addition, modified live vaccines result in shedding of mutated organisms into the environment, thereby, exposing others.

I believe that vaccines disturb the healing force of the body so severely that they can cause everything from allergies to cancer in susceptible individuals. Recently, mainstream veterinary researchers and specialists have published articles on vaccinerelated skin problems and tumors. Maybe they are catching on at last.

Why are vaccines so popular? One reason is that we have been sold a bill of goods when it comes to their safety and

effectiveness. The medical community and drug companies have convinced everyone that vaccines were the main reason for the end of the polio epidemic as well as a number of other diseases. As a matter of fact, the polio epidemic was ending BEFORE the vaccine was introduced.

After routine immunizations began, the number of cases went up. The epidemic ended without vaccinations in some countries. In other countries, polio did not exist until vaccination began to "protect" the population.

If we review history, we find that better sanitation and hygiene are responsible for ending most epidemics.

There is another reason for the popularity of vaccines. They are a multi-billion dollar industry. Veterinarians generally rely on immunizations for a large percentage of their income. This is why most continue to vaccinate pets annually despite the fact that published research state that there is no medical evidence to support the idea that annual boosters are necessary. Many vets are afraid of being sued if they don't give the vaccines according to "accepted" protocols. Recent conventional medical research recommends reducing those vaccines given to puppies and kittens dramatically as well.

What are the options? At least, parents and pet owners should be given the opportunity to make an informed choice. They should be told that while vaccinating may prevent acute disease, it will increase the risk of

allergies, arthritis, cancer, etc. Pet owners need to be informed that no evidence at all exists to support the practice of "boostering" annually.

My personal opinion is that homeopathy and proper nutrition can prevent disease better than vaccines without the dangers.

History is on my side. In the late 1800s, homeopathy was extremely effective in treatment and prevention of cholera and typhus, whereas conventional medicine was a dismal failure. Some things just don't change!

CHAPTER FIVE

A CONNECTION

The Vaccination Connection
by Sue Marston
Foreword by Emil Levine, MD

P i: The first time I heard Sue Marston speak about vaccines I was impressed. She has a remarkable grasp of the issue and has investigated the subject more thoroughly than most doctors ever will. It isn't the job of the physician to investigate the effectiveness or danger of a vaccine. If it gets by the Food and Drug Administration, most doctors will administer it. The researcher whose job it is to determine the safety or efficacy of a drug cannot draw a correct conclusion until it has been tested on thousands of people. **Even then, the effects of the vaccines and other drugs may not present themselves immediately, perhaps not showing up until the next decade or the next generation.** Therefore it is your responsibility, as the recipients of these potentially lethal substances to investigate them for your own sake and for the sake of your children. Ms Marston has done an excellent job of gathering the facts with references which can be verified.

Sue Marston has two important credentials which entitle her to write about vaccines. First, she is not a doctor. The fact that she is a lay person is what qualifies her. Whether intentional or not, the attitudes of some physicians who speak publicly intimidate the lay person into believing that only a doctor can know or recommend anything about health. As one of the most powerful lobbies in the country, doctors have succeeded in making it illegal, or at least very risky, for anyone other than a doctor of allopathic medicine (treatment of symptoms) to make recommendations regarding your health; they study disease. With the exception of very minor references to food in their courses of study, doctors are not even required to study nutrition. It is the responsibility and the right of each individual to make informed decisions regarding his or her own health. You have probably heard one side of the vaccination issue. In this book you have the opportunity to read the other.

Ms Marston's second qualification for writing her booklet is her ability to discern fact from popular fiction. She obviously has invested, too, the hard work and dedication required to locate and interpret the essential reference materials.

Anyone with an open and inquisitive mind can pick up *The Wall Street Journal* and read between the lines when a headline states that an inherited genetic mutation can cause cancer, while another sentence in the same article states that the mutation is believed to have been caused by an environmental agent or diet. What

environmental agent? Could it be something in our air, in our water -- in our vaccines? It is in the best interests of the pharmaceutical companies, their sister industries and offspring charities, to convince the trusting public that they need to find a cure for a mutant gene or that they need to conduct expensive tests to find these genes. It is more profitable for them to build more high-tech facilities for conducting these tests than it is for them to clean up the "environmental agent" or admit that our polluted ecosystem, the deleterious effects of vaccines and other petrochemical products and lack of knowledge about diet are causing the majority of our ills. It is more profitable to convince new parents that their babies need to be injected with blood, sera, bacteria from diseased animals, formaldehyde, and other known poisons, than to encourage them to enhance their babies' immune systems by feeding them natural and chemical-free whole foods.

Those who benefit from maintaining the status quo will try to convince you that the reason the death rate is so high for children in Third World countries (as well as poverty-stricken children in this country) is that they are not vaccinated. They fail to inform you that many of these children live in unsanitary conditions which increase their risk of infection and decrease their bodies' defenses against diseases. Many of them are undernourished. In El Salvador, for example, where people are often forced to drink the same water in which their clothes are washed, the number one cause of death in children is diarrhea.

The old era of submitting to the judgment of doctors under the government of the AMA, ADA, NIH, CDC, WHO, HEW and FDA is coming to an end. Many people are beginning to realize that their illnesses are products of man-made external and internal pollution fostered by a profit motive.

The information contained in Ms Marston's book introduces a gateway to the new era of individual thought, investigation and freedom of attaining and maintaining good health.

Preface by Sue Marston

P iv: Epidemics of infectious diseases have always come and gone, wherever the conditions existed for disease to flourish, throughout recorded history. Despite a belief (one that we have all been carefully trained to accept) that vaccinations "prevent" infectious diseases and epidemics, the facts retrieved from public health records and medical journals indicate otherwise.

It is undeniably true that there has been deliberate suppression of information and fabrication of data to protect a multibillion-dollar-per-year industry: the pharmaceutical-chemical-agribusiness-oil- biomedical-research conglomerate. It is readily acknowledged that this conditioning of public opinion has been so successful that some individuals are unable to accept information which contradicts conditioned beliefs about vaccination.

Some say, "But I've been vaccinated and I'm healthy." That, of course, depends on your definition of health and the state of health you are accustomed to. There are various factors involved in maintaining good health. If you live a relatively unstressed existence with reasonably good nutrition, or you are blessed with a particularly hardy immune system and a strong constitution, you may be one of the lucky ones whose only vaccination-initiated healing crises have included colds, ear and throat infections, flu, allergies, etc. But there are many more serious dangers to health which have been shown to be caused by vaccination.

Not everyone who lives in an area sprayed with pesticides feels ill or exhibits symptoms at the time of the spraying or for a long time afterwards, nor does everyone who lives near a chemical dumpsite develop cancer, leukemia, or other symptoms of an impaired immune system. **But, damage is done. The same is true of vaccination.**

Some also ask, "Why, if vaccinations are so harmful, and not beneficial, do doctors recommend them and defend them, often vehemently?" We must remember that doctors in medical school are indoctrinated into a belief in vaccination more intensely than the public at large. And the medical schools teaching drug and vaccine "therapy" are generously funded by the petrochemical/pharmaceutical industry. In addition, doctors who dare question the practice or advise patients against it risk the loss of their medical licenses and their livelihood for

having the temerity to "buck the system" set up by the not-so-ethical ruling powers in medicine and politics today. Most people in any profession find it easier to keep their mouths shut and toe the party line, and doctors are only human, too.

PI: The term, "immunization" suggests that immunity to disease is produced by the practice of vaccinating. This is not true, so the word "immunization" is not used in this booklet, except in quotations included from outside sources.

P 26: Some MD's and DVM's declare live virus vaccines as the culprit and recommend killed virus vaccines. The author (Sue Marston) agrees with veterinarian Dr John Saxon that **the difference between live and killed virus vaccines is "rather like asking a man about to be hanged whether he would prefer to be dropped six or eight feet!"**

Pat McKay: A vaccine that is referred to as a "killed virus" is not really killed in the way we think of the word, killed or dead. From a marketing standpoint, it is a great choice of words because it gives people the feeling that the vaccine is safe. Richard Pitcairn's definition gives the true meaning.

Richard Pitcairn, DVM, PhD

Letter dated November 20, 1996

When viruses are "killed" before use as a vaccine this is actually a process of adding a chemical, usually formalin, to inactivate them. This means that they can no longer attach to a cell and infect it. The problem is that the process is not always perfect. Sometimes a few viruses "slip by" and don't get changed. When this happens the vaccine actually causes the disease it is supposed to prevent and people refer to that lot of vaccine as being "hot."

Even assuming that this never happened, those of us that work in alternative medicine worry about the influence of not just the physical virus organism, but also that of more subtle aspects of the virus on an energy level. Can we be so certain that the virus has absolutely no effect even if it is altered by a chemical? Can the virus affect the life force of the recipient even when it cannot grow in the cells? These are questions that some of us feel are still not satisfactorily answered.

The modified live virus used in pet inoculations can cause harmful responses. Animals can either have an allergic reaction in which they break out in hives, have diarrhea and/or vomiting or can develop vaccinosis (a reaction of immune system

suppression), which can occur ten days to two weeks after a modified live vaccine is given, causing lethargy. Animals are also sensitive to the formaldehyde and other preservatives in vaccines.

The Vaccination Connection

by Sue Marston

P 27: In a report titled Current Issues on Vaccine Safety and Efficacy, Dr W Jean Dodds relates that immune-mediated hematologic disease and transient bone marrow failure and leukemias-lymphomas in dogs have been caused increasingly by vaccination with modified live parvovirus and other vaccines. She adds, "Adverse reactions to vaccination have also recently been reported with increasing frequency in cats, especially kittens."

P 28: An article titled *Damage Following Immunization* tells us that bloat, stained teeth, ulcers, chronic gastroenteritis and seizures are also being attributed to vaccination and that there is an awakening recognition among veterinarians of the connection between immunizations and various illnesses.

P 27: A picture of Honey Bear, companion cat to Mary Abbey, Santa Paula, California, who received a 3-in-1 kitten shot in 1987 and subsequently experienced convulsions, open sores

at the site of the injection, permanent hair loss at the vaccination site and neurological damage.

*Sis Sewell's Healthy Pets Naturally
Newsletter*

March 1994

Vaccinations

An Article by Sue Marston

In my book, *The Vaccination Connection*, I've attempted to condense the facts, myths, lies and cover-ups concerning the practice of vaccination into an easy-to-read reference guide.

The general public's supportive belief in vaccination has been carefully planned and orchestrated and involves the participation of schools, the media and the medical establishment. The effort has been so successful that a lot of people are afraid not to have their children, their dogs and cats and themselves vaccinated.

The causes of disease include emotional and physical stress (overcrowding, extreme cold or hot temperatures, filthy living conditions) lack of love, loss of habitat, emotional and physical abuse, pesticides (sprays, collars, powders) and other petrochemical products, poor nutrition, polluted water and/or polluted air. When any number of these factors are present, disease will be likely to occur. I have experienced this repeatedly when rescuing fully-vaccinated animals from "shelters" and

having them display full-blown symptoms of distemper shortly after bringing them home. The only truly successful way to prevent disease is to remove the causes and substitute good nutrition and loving, holistic care. Injecting known poisons and disease in the form of vaccination, not only does not prevent disease, the practice creates new disease, such as cancer, leukemia, heart, liver, kidney and brain damage, seizures, allergies and various other symptoms of immune system malfunction.

The following are individual experiences with vaccinations. Mork was a German Shepherd-mix that I rescued as a pup from a humane society in 1978. He had, of course, received all the "appropriate shots" at the facility. A couple of days after I brought him home, he became ill and was diagnosed with distemper-I knew he had been vaccinated a couple of weeks before falling ill-and asked the veterinarian if shots were of any value. She replied that once an animal's immune system had developed, it didn't appear to make any difference: that some animals have strong immune systems and some have weak immune systems, and no amount of shots would help them. It was an interesting observation, and somewhat different from mainstream allopathic thought, if still not quite accurate, for I found out some time later that shots do make an impact, none of it beneficial. But that statement from her was the "authoritative" encouragement I needed to stop vaccinating my dogs. (Mork, by the way, lived to

the age of 15 years, remaining vibrant and healthy until two days before his death.)

In 1985, a friend named Maxine rescued a husky mix, approximately ten months of age, dodging traffic in the San Fernando Valley. She took him to the pound in order for his people, if he had any, to claim him. He was given "his Shots" that first day at the impound facility. One week later, after he had not been claimed, Maxine and I bailed him out and I took him home. He got along well with my four other dogs. Three days after arriving at my home, he exhibited the symptoms of distemper and was subsequently diagnosed with the same. **None of my other dogs, who had not been vaccinated in seven years and were now on a natural diet and purified water, became ill.** This was a revelation which underscored what I had been reading in the Ruesch books (*Slaughter of the Innocent* and *Naked Empress or the Great Medical Fraud*) and other material. I had been told by veterinarians all my life that if an unvaccinated dog comes in contact with a dog that has distemper, the unvaccinated dog will surely get distemper and, most likely, die. Here was the proof in my own home that this was not true. The husky, whom we named Teddy, did recover and was placed in a loving home.

Maxine had a German Shepherd named Misty. As a puppy she received her shots, including the parvo vaccine. In twenty-four hours she had severe symptoms of parvo, and she very nearly died. The cost of her intensive care was \$1,200. Maxine did not have her vaccinated again

until she and her husband were going on a trip nine years later. Misty was given "her shots" in order to be allowed to stay at the kennel. Maxine and her husband called the kennel to check on Misty after they had been on the road only a few hours. They learned that Misty had bloated and died. Vaccines are not the only cause of bloat, but they are one of the causes. Of course, food served at kennels is likely to be extremely substandard and the stress that goes with being put in a kennel can do a lot of harm to an animal, particularly a very sensitive animal.

A friend of mine, Gugi, lost her Chihuahua to bloat within hours of his receiving a rabies shot. It has been said that bloat is generally not a condition that occurs in small dogs, but here was an exception, and the vaccination definitely appears to be the cause. After losing her Chihuahua from vaccination, Gugi was understandably hesitant about having any of her other animals shot up. But when she rescued a Pekinese mix, her veterinarian talked her into a rabies shot for it. The dog lapsed into a deep sleep, almost a coma-like state, within hours and remained in that condition for three days.

Maxine's friend, Regina, rescued a litter of four Labrador retriever pups, got them all their shots, and three months later, they came down with parvo-two of them died.

Jose has a cockapoo that would go into respiratory arrest each time it received a rabies shot and would have to be treated with adrenalin in order to restore breathing. Finally, when the dog got up in years, Jose and his family refused

_to subject her to any more rabies shots. The battle that ensued with the Department of Animal Regulation over not vaccinating the dog ended up with the agreement that the dog would not leave the house or yard at any time, and the family would keep posted in their front window at all times a big "QUARANTINE" sign. **This is just a minor example of the fear tactics and strong-arm tactics used to push the practice of "immunization," which was coined to suggest that vaccines provide immunity to disease, which has never been proved to be true, despite fabricated statistics and frenetic media hype.**

W Jean Dodds, DVM

Excerpt from speech, 1988

A fascinating article that a standard poodle client of mine wrote in Dog Fancy a couple of years ago, Bloat, Seizures and Stained Teeth in Standard Poodles, was written by Jean Lyle from Vancouver, a lady who's been breeding standard poodles for about forty years. There isn't a standard poodle bloodline in the world that doesn't come from her inbred breeding stock, worldwide. Anybody who knows standard poodles knows they're getting all kinds of bloat; they're getting seizing more and more often, and she stopped vaccinating with combination vaccines because she said, "Before we did all those combination vaccines we had a little bit of distemper. I'd take care of them with my special

home-cooked food and they'd get better. Ever since I started using all these 'veterinary advances' my animals got sicker and sicker."

The other thing she said was that she sold her stock all over the world and in countries where live vaccines are not used as much; Scandinavian countries, European countries, where they tend to cook natural foods for their animals rather than using commercial diets with everything we know we shouldn't have in them, and **the animals don't seizure like hers do in North America. They don't bloat the same way and they don't have stained teeth.**

This teeth staining that she's seen has actually been looked at. It's hemosiderin (a yellowish-brown pigment as the result of disorders in iron metabolism and the breakdown of red blood cells), a line of hemosiderin deposit in the teeth at a growth phase associated with the timing between vaccinations. I've been working with her vet who's been looking at the teeth and seeing what the staining was. The question is, does it mean anything? The purebred breeders say that in Europe where vaccine practices and nutritional practices are different they don't have the immunological disease we have in North America.

Wolf Clan

Letter to the Editor

From Laura Alwell

I am writing about Dr Judith Glowicz's letter in the July 1995 issue of *Dog World*. I think Dr Dodds is doing a wonderful job. She's letting dog owners know the truth about vaccine reactions.

You see, I lost my little twelve-and-a-half-year-old Buffy to idiopathic thrombocytopenia purpura. Buffy died after getting his booster shots. Two weeks after getting the shots, a blister formed at the site of the injection. Then several weeks later, bruises covered his body. Six days later he died from ITP. I wished I would have taken my chances and not vaccinated Buffy at that age. After the years of booster shots he received, I think he was well protected. These vaccine shots have to stress the immune system of older dogs.

Dodds is doing a terrific job. I wish more vets would be like her. I read any article I can find written by Dodds. It's time our vets tell us the truth about adverse reactions from vaccines.

***The New Natural Cat
A Complete Guide For Finicky Owners***

by Anitra Frazier with Norma Eckroate

P 278: Modern veterinarians who are holistically oriented now believe that arthritis is caused by a combination of things. As it is an autoimmune disease, we know that it cannot occur unless the immune system has been damaged to the point where the immune response begins attacking the body it is supposed to protect. This confusion can result from corticosteroid therapy or from giving repeated vaccinations or many different vaccines at the same time or very close together.

Animal Guardian

Excerpt from Vol 8, No 2,1995

by Michael Lemmon, DVM

In more than thirty years of veterinary experience I have observed a wide variety of reactions to vaccines. I have seen the apparently mild reactions of a mild skin rash or a few days of lethargy ranging all the way to severe convulsions, cancer, and even vaccine-induced anaphylactic death. I have also seen a great number of vaccinated pets that seemed to be reasonably healthy their entire lives.

But it has been my observation that there has been a greater increase of chronic disease in pets over the past thirty years due in large part to the greater frequency of vaccines given (annual

vaccinations) and to the increasing number of diseases vaccinated for at each time vaccines are given. Vaccines have a very strong effect on the immune system and are being incriminated more and more in chronic immune related diseases such as allergies, autoimmune diseases and injection site cancers in cats. I believe that pet owners should be advised of these potential side effects of vaccines.

CHAPTER SIX

A CONSPIRACY

Murder By Injection The Story of the Medical Conspiracy Against America

by Eustace Mullins

P 129: ... the most pernicious in its long-term effects may well be the practice of immunization. **This practice goes directly against the discovery of modern holistic medical experts that the body has a natural immune defense against illness.**

P 130: ... Dr Henry R Bybee, of Norfolk, Virginia, has publicly stated, "**My honest opinion is that vaccine is the cause of more disease and suffering than anything I could name.** I believe that such diseases as cancer, syphilis, cold sores and many other disease conditions are the direct results of vaccination. Yet, in the state of Virginia, and in many other states, **parents are compelled to submit their children to this procedure while the medical profession not only receives its pay for this service, but also makes splendid and prospective patients for the future.**"

P 132: Another practitioner, Dr W B Clarke of Indiana, finds that "**Cancer was practically**

unknown until compulsory vaccination with cowpox vaccine began to be introduced. I have had to deal with at least two hundred cases of cancer, and I never saw a case of cancer in an unvaccinated person."

P 133: Another well-known medical practitioner, Dr J M Peebles of San Francisco, has written a book on vaccine, in which he says, "The vaccination practice, pushed to the front on all occasions by the medical profession through political connivance made compulsory by the state, has not only become the chief menace and the greatest danger to the health of the rising generation, but likewise the crowning outrage upon the personal liberties of the American citizen; compulsory vaccination, poisoning the crimson currents of the human system with brute-extracted lymph under the strange infatuation that it would prevent smallpox, was one of the darkest blots that disfigured the last century."

P 138: In what is now known as "the Great Swine Flu Massacre," the President of the United States, Gerald Ford, was enlisted to persuade the public to undergo a national vaccination campaign. The moving force behind the scheme was a \$135 million windfall profit for the major drug manufacturers. They had a "swine flu" vaccine which suspicious pig raisers had refused to touch, fearful it might wipe out their crop. The manufacturers had only tried to get \$80 million from the swine breeders. Balked in this sale, they turned to the other market,

humans. The impetus for the national swine flu vaccine came directly from the Disease Control Center in Atlanta, Georgia. Perhaps coincidentally, Jimmy Carter, a member of the Trilateral Commission, was then planning his presidential campaign in Georgia. The incumbent President, Gerald Ford, had all the advantages of a massive bureaucracy to aid him in his election campaign, while the ineffectual and little-known Jimmy Carter offered no serious threat in the election. Suddenly, out of Atlanta, came the Center of Disease Control plan for a national immunization campaign against "swine flu." The fact that there was not a single known case of this flu in the United States did not deter the Medical Monopoly from their scheme. The swine breeders had been shocked by the demonstrations of the vaccine on a few pigs, which had collapsed and died. One can imagine the anxious conferences in the headquarters of the great drug firms, until one bright young man remarked, "Well, if the swine breeders won't inject it into their animals, our only other market is to inject it into people."

The Ford sponsored swine flu campaign almost died an early death, when a conscientious public servant, Dr Anthony Morris, formerly of HEW and then active as director of the Virus Bureau at the Food and Drug Administration, declared that there could be no authentic swine flu vaccine, because there had never been any cases of swine flu on which they could test it. Dr Morris then went public with his statement that "at no point were the swine flu vaccines effective."

He was promptly fired, but the damage had been done. The damage control consisted of that great humanitarian, Walter Cronkite, and the President of the United States, combining their forces to come to the rescue of the Medical Monopoly. \Valter Cronkite had President Ford appear on his news program to urge the American people to submit to the inoculation with the swine flu vaccine. CBS then or later could never find any reason to air any analysis or scientific critique of the swine flu vaccine which was identified as containing many toxic poisons, including alien viral protein particles, formaldehyde, residues of chicken and egg embryo substances, sucrose, theimorosal (a derivative of poisonous mercury), polysorbate and some eighty other substances.

On April 15, 1976, Congress passed Public Law 94-266, which provided \$135 million of taxpayers' funds to pay for a national swine flu inoculation campaign. HEW was to distribute the vaccine to state and local health agencies on a national basis for inoculation, at no charge. Insurance agencies then went public with their warning that they would not insure drug firms against possible suits from the results of swine flu inoculation, because no studies had been carried out which could predict its effects. It was to foil the insurance companies that CBS had Gerald Ford make his impassioned appeal to 215,000,000 Americans to save themselves while there was still time, and to rush down to the

friendly local health departments and get the swine flu vaccination, at absolutely no charge. This may have been CBS' finest hour in its distinguished career of "public service."

Hardly had the swine flu campaign been completed than the reports of the casualties began to pour in. Within a few months, claims totaling \$1.3 billion had been filed by victims who had suffered paralysis from the swine flu vaccine. The medical authorities proved equal to the challenge; they leaped to the defense of the Medical Monopoly by labeling the new epidemic, "Guillain-Barre Syndrome." There have since been increasing speculations that the ensuing epidemic of AIDS which began shortly after Gerald Ford's public assurances, was merely a viral variation of the swine flu vaccine.

At the annual ACS Science Writers Seminar, Dr Robert W Simpson, of Rutgers University, warned that "immunization programs against flu, measles, mumps and polio may actually be seeding humans with RNA to form proviruses which will then become latent cells throughout the body ... they can then become activated as a variety of diseases including lupus, cancer; rheumatism and arthritis."

This was a remarkable verification of the earlier warning delivered by Dr Herbert Snow of London more than fifty years earlier. He had observed that the longterm effects of the vaccine, lodging in the heart or other parts of the body, would eventually result in fatal damage to the heart. The vaccine becomes a time bomb in

the system, festering as what are known as "slow viruses," which may take ten to thirty years to become virulent. When that time arrives, the victim is felled by a fatal onslaught, often with no prior warning, whether it is a heart attack or some other disease. Health Freedom News, in its July/August 1986 issue, noted that "Vaccine is linked to brain damage; 150 lawsuits pending against DPT vaccine manufacturers, seeking \$1.5 billion damages."

P 145: Herbert M Shelton wrote in 1938 in his book, *Exploitation of Human Suffering*, that vaccine is pus-either septic or inert-if inert, it will not take-if septic, it produces infection. Shelton says that the inoculations cause sleeping sickness, infantile paralysis, haemoplusia and tetanus.

The Surgeon General of the United States, Leonard Scheele, pointed out to the annual AMA convention in 1955 that no batch of vaccine can be proven safe before it is given to children.

James R Shannon of the National Institute of Health declared that the only safe vaccine is a vaccine that is never used.

P 146: Polio vaccination has now been accepted as a fact of life by the American public, which derives considerable comfort from the gradual disappearance of the annual scare campaign at the beginning of each summer ... however, the Washington Post of January 26, 1988, featured a story which created some puzzling afterthoughts. It was announced at a national conference held in Washington that all cases of polio since 1979 had been caused

by the polio vaccine. We quote, "In fact, all the cases in America come from the vaccine.

The naturally occurring (or wild type) polio virus has not been shown to cause a single case of polio in the United States since 1979. It was to confront this unpleasant fact the the Institute of Medicine, under contract to the US Public Health Service, had convened a committee in Washington to review the current use of polio vaccine. You thought they would vote to discontinue it, perhaps? This would be a logical conclusion.

Unfortunately, logic plays no part in such deliberations. The Post reported that "No radical change is expected. The status quo is very appealing," said conference chairman Dr Frederick Robbins of Case Western Reserve University in Cleveland.

This story raises more questions than it answers. It also reveals the wide gap between the medical mind and that of the layman. A layman would say, "If all cases of polio in the United States since 1979 have been caused by the polio vaccine, isn't this a good reason for discontinuing?" Such reasoning is always called "simplistic" by our overeducated professionals.

Charles E Page, MD Boston,
Massachusetts

I have been a regular practitioner of medicine in Boston for 33 years. I have studied

the question of vaccination conscientiously for 45 years. **As for vaccination as a preventative disease, there is not one scrap of evidence in its favor.** The injection of virus into the pure bloodstream of the people does not prevent smallpox; rather, it tends to increase its epidemics, and it makes the disease more deadly. Of this we have indisputable proof. **In** our country (US) cancer mortality has increased from 9/100,000 to 80/100,000 or fully 900 percent increase within the past 50 years, and no conceivable thing could have caused this increase but the universal blood-poisoning (vaccination) now existing.

CHAPTER SEVEN

A NATURAL REARING

The Complete Herbal Book for the Dog A Handbook of Natural Care and Rearing

by Juliette de Bairacle Levy

P 181: The Failure of Disease Prevention through Vaccination: Vaccination, although originated by the English country doctor Edward Jenner, has been based largely on the germ theory of the French chemist, Louis Pasteur.

Pasteur was not able to keep his own body in good health and he suffered from paralysis of the mouth in his later years; he also lost, from disease, members of his own family. I have always believed in "Healer, heal thyself first! " Then you have the authority to teach others how to heal themselves.

If I had not been able to keep my own Afghan hounds, goats and horses in good health, I would never have possessed my absolute faith in herbal medicine and nature rearing and would not have written my herbal books, which gives over one hundred new and proven herbal treatments.

I have also watched my beliefs concerning the inability of vaccination to

prevent canine disease come to be sadly; and overwhelmingly, proved correct. Disease rate among modern dogs has not been lowered by mass vaccination; it is greatly on the increase. Vaccination has produced numerous carriers of virulent diseases, or the treated dogs themselves, often given triple vaccinations nowadays, often develop all three of these very ailments-and die a speedy death.

The plague disease of former days have not been controlled by vaccination; they owe their decline to those few benefits which man has derived from modern medicine: from improved sanitation and housing.

That vaccination has an insidious effect on general canine health has been noted by observant dog breeders. It is one of the causes of chronic skin disease, especially of the mange form. Also, greyhound owners have noted that vaccination has an adverse effect on the speed of their racing dogs. Mr James Baldwin, the wellknown greyhound authority and breeder also of German shepherd dogs, wrote in Dog World concerning an anti-distemper vaccination movement among Irish and English greyhound breeders, resulting from the adverse effects on the natural speed of their dogs, and in support of this, he published a long statement from a greyhound man, whom he described as being "one of England's most successful and experienced greyhound trainers that there has ever been" giving his proof that vaccination made swift dogs slow.

The famed homeopathic doctor, Dorothy Shepherd, MD, condemning vaccination, has written: "The more I follow up clinical histories, the more I am inclined to agree with opponents of vaccination, that vaccination instead of being a blessing has proved to be a wolf in sheep's clothing and has produced more misery, more ill health in its wake than almost any other method of treatment."

There follow the opinions of two eminent doctors concerning distemper immunization; first, **I** quote J E R McDonough, FRCS, the bacteriologist, in *The Nature of Disease*, Volume I, pp 75-76: "Immunization with an attenuated virus cannot prevent distemper. The author has treated many dogs, which have developed distemper despite two or three injections of the preventative agent He is of the opinion that fits, chorea, hysteria, etc, in dogs, have become more frequent since the use of distemper vaccine. Successful prevention will never be achieved by inoculation."

And the other doctor, Dr W J Murphy—who before becoming a physician was a graduated veterinarian for fifteen years—expresses the opinion (which is absolutely my own opinion, and is now also the opinion of large numbers of dog breeders and owners): "No serum nor virus for distemper is necessary nor can it accomplish any good for an ailment that has a natural tendency to get well of itself."

A quote from George Muir, Montreal, Canada: "**All those with whom I have since**

discussed the subject and who were **in** favour of inoculation~ aU
nlaintained **that** the injections could not in any way affect the dog.
Then they proceeded to contradict themselves by adding one or more
of **the** following reservations: Don't inoculate during teething. Don't
inoculate unless the dog is in perfect condition. Don't inoculate
during fall season (in Canada) as weather is so changeable. After
inoculation, don't allow contact with other dogs for 7 days. After
inoculation, make sure that the dog is in no way subjected to
draughts, etc

**"Now why should all these reservations be made
if the inoculation has no effect on the victim?** The
common-sense deduction to be made is in my opinion--
inoculation reduces the natural disease resistance of a
healthy animal--even although administered by experts;
and who, in his own opinion at least, is not an expert?"

I was discussing my dislike of inoculation and serum
with an important London veterinary surgeon, whose claim
was that he inoculated more dogs in a year than perhaps any
other veterinary surgeon. He told me that I was being
"foolish, backward, failing to keep pace with modern times,"
etc, in my attitude toward such "wonderful discoveries as
vaccine and serum." This veterinary surgeon possessed one
dog, one dog only, a Cairn terrier bitch. This one dog
belonging to the great supporter of inoculation developed
distemper around the time of whelping. Her distemper attack
became seriously

complicated and not one puppy survived. Yet, during my distemper work, in London, I reared a litter of Afghan puppies in daily contact with the distemper cases that I was treating there. This same veterinary surgeon informed me that it was an act of Inadness to attempt to rear puppies under such conditions (there were eleven cases of distemper being treated on the premises) and that I would certainly lose every puppy. However, **despite the fact that the puppies were seriously handicapped by the mother having been poisoned and the puppies having to be hand-reared, not one puppy developed distemper.**

Natural Rearing Newsletter

May 1995, Vaccinations, Part 1

by Marina Zacharias

P 7: As I start to write this I must admit that it is probably one of the most controversial subjects I will ever have to tackle. By now most of you know my own decision was made many years ago to go with a natural form of immunization rather than with the more generally accepted vaccination.

Plainly stated, there is no such thing as a 100 percent effective form of protection against disease!

Putting it simply, all animals have a unique means of survival with the ability of the body to recognize foreign substances (proteins) and eliminate them. This is maintained by the production of antibodies by certain of their blood

cells, often in response to infections. The body thus gains "immunity" to the infection--if it survives.

Today, immunologists recognize that the immune response is a very complicated process involving many systems in the body. These systems work in specific ways and are interdependent. The immune response has been loosely classified into two types-specific and non-specific.

The non-specific response appears to be the first line of defense and is usually invoked when catching diseases naturally. This primary response involves natural substances and natural microorganisms available throughout the entire body. They are able to destroy unwanted microorganisms and toxins.

The specific response involves blood antibodies that are produced in response to certain infections. They are effective only against a particular infective agent.

A vaccine is aimed at stimulating this specific antibody response. The injection of a very large dose of the disease agent is used (compared to that obtained through natural infection) without regard to the varying reaction of different individuals. It is hoped that antibodies to these agents are produced, that will protect against future infection, leaving the individual with as few symptoms as possible. It is hoped that the benefits to be gained will outweigh the risks.

It would seem then that the allopathic approach to immunization concentrates only on the specific.

Recent research, however, suggests that this secondary response occurs only when the primary response has been inadequate (i.e., only when sufficient microorganisms have entered the body and got past the body's initial line of defense).

The holistic view regards disease as a function of the total state of health in the body and concentrates its efforts on the first line of defense -- the non-specific response.

The naturopathic view is that the microorganism is never wholly responsible for disease. Many individuals with microorganisms present all the time only succumb to disease when their state deteriorates through overwork, toxins, poor nutrition, chemical changes from mental and emotional stress, etc.

Similarly, if the state of the body changes for the better (even if the microorganisms are still present), the disease state can be cured. This basic division in the theory of immunization is widely misunderstood by the vast majority of people.

Today in North America, conventional medicine recognizes and accepts only allopathic vaccination as the legal method of immunization.

The homeopathic form of immunization, called a nosode, has not as yet received acceptance under the law as a safe alternative to the allopathic injection method. Despite 200 years of worldwide usage and recent scientific proof that homeopathy is a viable alternative, the powers that be refuse to acknowledge its efficacy. After all, everybody knows that "if you can't see, feel, measure it, it just doesn't exist."

As the power of the large pharmaceutical companies has grown (along with their wealth), there has been an ongoing battle to discredit and, if possible, totally deny an individual's right to choose any other form of health care.

Herbal, homeopathic, nutritional, etc, all have come under attack for their removal from the American marketplace.

For example, on September 1, 1994, a petition signed by 42 self-styled quackbusters, was filed with the FDA which basically demanded the removal of all homeopathic remedies.

It is one thing to be a skeptic. It is another thing to attempt to impose your narrow vision of the world on everyone else. It's a war out there, and many Americans don't even know it's going on.

Natural Rearing Newsletter July 1995,
Vaccinations, Part 2

by Marina Zacharias

P 6: Since early childhood, we have all been brought up with firm beliefs in the practice of vaccination. Parents, teachers, doctors, leaders in the community-all have assured us that:

- 1) Vaccinations are relatively harmless
- 2) Vaccinations are effective
- 3) Vaccinations were primarily responsible for the decline in infectious diseases
- 4) Vaccinations are the only practical and dependable way to prevent both epidemics and potentially dangerous diseases.

To even suggest that any of these accepted "facts" should be questioned is to invite ridicule and scorn from the vast majority who "know" better. Even our lawmakers hold these to be self-evident "truths." So who are we to cast doubt on established dogma?

For those who are willing to make the effort to ask the right questions and not be afraid to look at the answers, there is a vast body of work (many pounds of paper) that provides valid reasons to be concerned with this man-made attempt at immunization. Although there is more knowledge concerning humans and vaccination problems, there is also a growing amount of evidence that present veterinarian protocols are also questionable.

But wait a minute. Is it really serious enough to spend the time looking into it? I mean if a few million animals are vaccinated every year and one or two show some kind of adverse reaction, is that all we're talking about? Is that what all the fuss is about?

Oh, if that were only true! I don't believe there are any accurate statistics available on the annual number of **DEATHS directly attributable to vaccination** or the number of **diseases contracted from vaccination** or the number of side-effect problems caused by vaccination!

As some vets vehemently deny any association with vaccine-related problems, it is most unlikely that we will ever have a true picture of the extent of the damage caused. There is no obligation for anyone

to report cases and no body to report them to, other than the vaccine companies.

Others recognize that within the journals of veterinary medicine, many cautionary articles and studies have been published -- not for general public distribution.

It takes very little effort to learn that the first two concepts we have been taught are not only open to question, but "just ain't true." Vaccinations are not relatively harmless and under a variety of conditions are not always effective! Your first clue to this can be found by simply reading the inserts found with the vaccine. Warnings and cautions are there for a good reason. This is why most pet owners never see them. Their vet doesn't want them "unduly" alarmed.

The immune system of a healthy animal is capable of handling the invasion of a single infectious disease. It was never intended to cope with the onslaught of multiple disease exposure. In nature it just doesn't happen that way. Common sense should tell you that when you hit an animal with a combination of several modified live infections at one time, while bypassing the non-specific immune system, chances are pretty good that something in the body is going to say "Whoa -what's going on here?" Combine this with the latest adjuvant (a substance that, when used in combination with an antigen, enhances levels of immunity beyond those developed with the virus or bacteria alone), a variety of preservatives and carrying agents, and you end up with a witch's

brew that makes you shudder just to think about it. Yet that's what I want you to do. Think about it! Is it really a surprise that the body can be over-whelmed when subjected to this kind of "health care"?

To make matters worse, conventional wisdom tells us that the best thing we can do for our animals is to repeat the procedure on a regular basis. All of us at one time or another have received that nice little letter from a veterinarian reminding us that "Fluffy" is due for her annual booster. There is no scientific basis for annual vaccination!!! Yes, I'm shouting at you. I only hope you will start shouting this fact at others you know. For our animals sake, spread the word as far and as fast as you can.

There are several good references to this fact. The clearest one I have been able to find comes from an article titled *Canine and Feline Vaccines* by Tom R Phillips, DVM, and Ronald D Schultz, DVM, appearing in *Current Veterinary Therapy*, Volume XI, pp 202 to 206. Allow me to take an excerpt of their comments concerning "Annual Vaccinations."

"A practice that was started many years ago and that lacks scientific validity or verification is annual revaccinations. Almost without exception there is no immunologic requirement for annual revaccinations. Immunity to viruses persists for years or for the life of the animal."

Furthermore, revaccination with most viral vaccines fails to stimulate an anamnestic (secondary)

response as a result of interference by **existing** antibodies."

"The practice of annual vaccination in our opinion should be considered of questionable efficacy **unless it is used as a mechanism to provide annual physical examination** or is required by law."

I guess what bothers me most is the number and frequency of breeders that have told me about the **death of their animals caused by vaccination**. Some of these have been verified through laboratory testing, but in the majority of cases they are anecdotal evidence only. Too often the reason given for the death was "unknown" and vaccination was dismissed as simple coincidence. Recent vaccinosis cases I have been told about range from full-blown distemper to an agonizingly painful death from a rabies shot.

When a pharmaceutical drug causes death, it is pulled from the market. This is not the case with vaccines. A certain number of deaths are not only accepted, they are **expected!**

The cliché on this one is that the "benefits outweigh the risks." No one seems to know what this certain number is, and with no one keeping track or reporting on the incidence of harm from vaccination in animals, who really knows the extent of the problem. **All we do know is that it does happen. Proving the frequency is, of course, another matter.**

One thing we do know for sure, is that there are a large number of other problems directly and indirectly associated with vaccinations. **Every**

veterinarian who has been in practice long enough has seen adverse reactions to vaccines. Unfortunately too many vets tend to believe that harmful effects only occur within the first hour, the first 24 hours, the first 7 days, the first 10 days, etc. (The answers seem to vary as much as the individual beliefs.) Too often we hear "it couldn't possibly be related to the vaccination." This outright denial of even the possibility springs from a life-long belief in the present system and an unwillingness to rock the boat. A closed mind, however, never helped anyone.

Fortunately, there are a growing number of veterinarians that do recognize that all is not well with our present protocols. There are even a few recent dog publications that have carried articles concerning the subject (including the March/95 issue of the *Gazette* article on the death of a Norwich Terrier from a vaccination). We are seeing a gradual awareness that the beliefs in the safety and effectiveness of routine vaccinations are not only unfounded but downright misleading.

When coincidence occurs often enough, even the allopathic community must eventually pay attention. This too is gradually starting to happen. For example, with cats it has now been officially recognized that vaccinating with too many vaccines in the same place all the time can cause fibrosarcoma, a nasty cancer. (See Chapter Nine).

Moving on to the third belief-Vaccinations were primarily responsible for the decline in infectious disease.

We need only look at some

cold, hard, statistical data to see that this belief is grossly out of whack with the facts. As the belief arises from human medicine we need to look at a few of the common diseases both before and after vaccination. Invariably we find that things like polio, measles, pertussis, etc, were steadily declining from the turn of the century (1900) onwards. Better hygiene and diet was the probable true reason.

For example, the measles death rate decreased by more than 95 percent from 1915 to 1958 (the year the measles vaccine was introduced). Polio death rate shows a similar decline. As a matter of fact, statistics for five New England states reflect that the number of cases of polio increased after mass inoculations during 1954 and 1955.

In 1976, Dr Salk, creator of the killed-virus vaccine for polio, testified that the live-virus vaccine had been the principal, if not the sole cause, of all reported polio cases in the US since 1961.

More recently, the Center for Disease Control admitted that the live-virus vaccine is the dominant cause of polio in the US today. According to CDC figures, from 1980-89 every case of polio contracted within the US was caused by the vaccine.

Turning back to veterinary medicine, there is a considerable amount of evidence that points to the introduction of Modified Live Vaccine (MLV) some 20 years ago, as coinciding with the increase in allergic, immunologic and chronic debilitating

diseases. There is no question that there are more skin problems, digestive problems, chronic ear infections, seizures, etc, in the past two decades than ever before. Can this increase really only be a coincidence with the increased widespread use of MLV vaccines? They may not be the only culprit but common sense says they are probably a primary offender.

In the last few years there has been some serious research done that strongly indicates that some MLV vaccines induce immunosuppression. The purpose of vaccines is supposed to be to stimulate the immune system, not suppress it! Worse yet, it is a well established fact that Modified Live Vaccines "shed" thus creating the potential to infect other animals and cause the very disease that the vaccine was designed to protect against.

Invariably the information sheets included with vaccines warn that the product is only to be used on healthy animals. This is really ironic. A truly healthy animal doesn't need vaccination. A truly healthy animal already has a strong natural immune system that can cope with disease in the real world. How else could the species have survived for all the centuries before man created vaccine?

But what is your definition of healthy?

When you have had a history of chronic problems or bring your dog or cat in for treatment of ear, skin, kidney, thyroid or whatever problems, you obviously do not have a healthy animal. Less

obvious but just as important, when your animal is to be spayed or castrated (which means anesthesia) your animal should not be vaccinated at the same time. During any pregnancy-do not vaccinate.

Remember that antibiotics and cortisone suppress the immune system. If your animal is being given these, do not vaccinate at these times.

Remember that stress is a major immune suppressant. Show dogs in particular are subjected to many stressful conditions. Shipping off to handlers, kenneling, etc; do not vaccinate during a high stress period.

Pat McKay: Back to the same old premise:
If unhealthy animals cannot be vaccinated during all the above situations and healthy animals don't need to be vaccinated, why vaccinate?

Natural Rearing Newsletter

Volume 1, Issue 6, September 1995

Vaccinations, Part 3

by Marina Zacharias

Newspaper headline, July/95, Radcliff, Kentucky:
"Parvo Epidemic."

Jean Dodds, DVM, July/95: "I recently returned from the East Coast of Canada where there is a serious outbreak of distemper."

I could go on to list a large number of incidents both recent and historical, which should cause you to seriously question the belief that vaccinations are the only practical and

dependable way to prevent both epidemics and potentially dangerous diseases.

However, these two examples alone will serve to make the point that the dogs involved were fully vaccinated yet obviously succumbed to dangerous diseases of epidemic proportions. We are not talking about isolated breakdowns here, but of total failure to immunize a large population of animals with conventional vaccination.

Yet this "belief" is so totally accepted that there is virtually no funding available for research into any other form of immunization. That there are "other" methods that have been used for centuries in many cultures is ignored by the allopathic community, due directly to the strength of the "unquestionable" belief in manmade vaccination.

To question this is to question the whole „germ theory" of disease and would certainly upset the applecart of present day medicine. Unthinkable.

Unthinkable? Maybe yes, maybe no. This newsletter is dedicated to breeders that choose to think for themselves.

Again, we have to go back and reexamine the foundation of accepted theory and see if it is valid or if any other theory may prove just as valid.

It was the pioneering work of Louis Pasteur that formulated our present day theory. He held that each infectious disease was caused by a specific microorganism invading the body.

Around the same time that ideas on germ

theory were being developed, certain basic concepts of the mechanisms of immunity were also being put forth. It was established that foreign particles such as bacteria and viruses are recognized by specialized cells that function by producing antibodies that are able to attach to foreign particles present and render them harmless.

In their time, these were revolutionary concepts that appeared to remove the mystery of how disease was transmitted and how the body created a defense mechanism against attack from microbes.

These ideas seem to fit human nature and were in agreement with the mechanistic theories popular in the 19th Century.

It is important to stress that, at this stage, vaccination and the ideas on biological immunity, were theoretical concepts. Their relevance to real life situations were not yet known.

The logical next step was to develop a way to make sure that the body developed the right antibodies in sufficient strength, to ensure that a specific germ would be totally wiped out if it dared to attack a protected body.

From a commercial and practical point of view, it appeared far easier to concentrate on attacking microbes than to be responsible for our total state of health in terms of diet, hygiene, etc. The immunization procedure was, and still is, based on a very simplistic model of immunity.

Modern science and in particular research in the last few years has revealed that a whole

host of mechanisms in the body are used to deal with foreign agents and the body's own toxic byproducts. Under close investigation the simplistic model of immunity does not stand up. The antibody response is only a small part of an extremely complex arrangement of immune responses.

The presence of antibodies has historically been the easiest way of detecting some sort of immune activity, but it is not necessarily indicative of a healthy immune response.

Pasteur's germ theory can be seen as a step towards understanding the nature of disease, but it is, in essence, a half-truth. If this theory is faulty, what other theory can shed some light of understanding and be confirmed by modern science?

It is well documented that the original scientific research was carried out by a contemporary of Pasteur, Antoine Bechamp. It was from Bechamp's work that Pasteur formulated his theory. However, Bechamp continued his work in this field and went on to show how **the agents of disease are present in every single cell and that disease is NOT caused primarily from INVADING microorganisms, but by changes in the constituents of the cells first. He termed this lithe soil of disease."**

Thus, the theories explaining the cause of infectious disease split into the so-called orthodox and alternative views. The orthodox view maintains that disease

starts with the introduction of microorganisms into the body. I don't have to belabor this view as this is what we have all been taught.

The alternative theory is that the body DEGENERATES into a diseased state first, and subsequently ALLOWS the proliferation of bacteria and viruses. All the latest research supports this theory.

When the body degenerates to a certain point, external microorganisms are attracted and able to infect and multiply, thus causing secondary complications. **These infecting microorganisms are not the cause of the original condition.**

In other words, there may be a few flies around a clean area, but if the area is like an open garbage can, it certainly provides the "soil" for a proliferation of flies.

Even Pasteur in his later years had to admit the truth in this and eventually conceded that "the germ is nothing; the soil is everything."

In order to contract a particular disease, it is necessary for the individual to be susceptible to that disease by having the correct internal condition that allows the microorganism to thrive and multiply.

The real causes of disease are a combination of factors such as inherited tendencies, pollution, sanitation, diet, drugs and mental or emotional stress—all of which affect the body according to each individual's susceptibility.

The presence or absence of antibodies is not the indicator of resistance to disease. Recent studies have shown individuals

resistant to disease with very few or no antibodies, and those who have developed the disease with high antibody counts.

Recent research into AIDS also shows that those individuals in contact with HIV (the virus thought to be responsible for AIDS) that have remained healthy for many years have developed a primary immune response to HIV without antibodies. Conversely those that deteriorate to a condition that often leads to death have a high antibody count,

The agents for disease are present in all individuals in the form of genes, bacteria and viruses. Normally they function in maintaining the health of the body, but under certain conditions they can be activated to bring on the symptoms of disease.

They can become pathogenic (disease-producing) when their environment changes due to toxins, poor nutrition or chemical changes from mental and emotional stress, etc. Pathogenic genes can be switched on that were previously dormant. Bacteria and viruses can also change from those that maintain health to those that have pathological effects. For example, the same intestinal bacteria necessary for digestion in humans (*bacillus coli*) can, under certain conditions of poor nutrition, be changed into the destructive bacteria of typhoid (*bacillus typhus*).

More and more studies and reports are being printed in prestigious medical journals regarding the ability of viruses to change or mutate under certain conditions. **A May 1995 report described the specific genetic**

changes of a virus from a benign form to a deadly form due directly to a deficiency of selenium and vitamin E.

Is it possible that these mutated forms of Parvo the vets keep telling us about are caused by a nutritional deficiency? Science has proven it happens in people-would it not also be true with our animals?

If Bechamp's theory is correct (which only in the last few years has science begun to support), it becomes obvious that we must pay more attention to the mechanisms of the primary immune system-our natural first line of defense-and stop relying on present vaccination protocols to do a job that is virtually impossible because it is based on a faulty theory of disease.

By neglecting the "soil" of disease, vaccination may not only be ineffective in disease prevention but may also be RESPONSIBLE for the widespread and subtle long-term effects of an overloaded and damaged immune system.

By bypassing the primary immune system and injecting a substantial amount of toxic materials directly into the blood are we not creating the conditions that support disease?

Our primary immune system utilizes the skin and mucous membranes, their fine hairs and mucous; microbe-killing substances (e.g., gastric hydrochloric acid, lysozyme in saliva, phagocytes and blood lysins from damaged tissue); normal bacteria that have antibacterial activity; special white blood cells that ingest bacteria; interferon

secreted by cells that act against viruses; small lymphocytes that act on virus and virus infected cells.

Are we really so arrogant to believe that we know better than nature and can abandon the primary immune system in favor of a man-made vaccine?

If there is one lesson we can draw from studying vaccination literature, it certainly is that NOTHING can beat natural immunity. Man cannot and will not be smarter than nature. Everything modern medicine so desperately tries to provide basically is already there. We do have immune systems that are infallible if only we allow them to function the way they were designed to function!

It is an illusion that an immune system has to be artificially stimulated or prepared for any kind of infection. It is already prepared, not in a specific and therefore extremely limited way (as vaccines are supposed to work), but in a general way. **A healthy immune system is able to cope with any infection at any time.**

A healthy body is free of pathogenic microbes because the body's constituents do not support them. Increasing one's level of health should be our foremost concern!

CHAPTER EIGHT

A SCAM

The People's Doctor
A Medical Newsletter For Consumers
Volume 12, Number 6

**Immunizations: The Terrible Risks
Your Children Face
That Your Doctor Won't Reveal**

By Robert S Mendelsohn

Do house pets really need rabies shots?

Regular readers are aware of my unconditional opposition to the rabies vaccine. In spite of all the horrible pictures doctors conjure up of hydrophobic patients frothing at the mouth, I am much more afraid of the documented dangers of neurologic damage and death from the vaccine. Now, a doctor from Mississauga, Ontario, Canada, has joined the opposition.

As reported in the Toronto Globe and Mail of January 28, 1988, Dr Peter Cole, Medical Officer of Health, has refused to support tighter controls of vicious dogs. Present legislation gives the Medical Officer discretion over whether or not to order a 10-day quarantine of animals which

bite humans. Now, a new law requires that any dog which bites a human must be quarantined for 30 days. Dr Cole disagrees.

Dr Cole also opposes compulsory rabies vaccination of household dogs and cats. He says he would not bother getting antirabies shots if he were bitten by a pet because there is no relationship between rabies and control of vicious dogs.

According to Dr Cole, there is no rabies problem in Ontario: "The number of dogs and cats that contract rabies is very small, and no human has been shown to have contracted the disease, let alone died from it, for well over 20 years."

Dr Cole says he wouldn't worry even if he were bitten by a pet and could not get the rabies vaccine, citing the fact that the disease is not as readily communicable to humans as most lay persons and doctors believe.

"In 20 years, there have been thousands of confirmed rabid animals. Hundreds of people have been exposed to bites and not all of them have been able to get the vaccine. Yet no-one has got rabies. That should tell you something."

So, if you or your children or one of your friends happen to get bitten by a household pet, there's no reason to rush unthinkingly for the highly controversial rabies vaccine. Instead, ask your doctor to get in touch with Dr Cole (who at last report still had his job) for a second opinion.

The Vaccination Connection

by Sue Marston

Rabies

P 12: As pointed out by Marilyn Gavran (who has conducted extensive research on the subject of rabies and rabies vaccine), "Rabies virus lives in harmony in the throats of wildlife in the same way as the strep germ lives in the throats of people until stress upsets the equilibrium and 'causes' disease." There has never been substantial proof provided that the rabies vaccine prevents rabies.

The Humane Education Committee of New Jersey, Inc, stated that those who submit to the Pasteur treatment for rabies often die from the treatment. There are also cases on file of dogs and cats contracting rabies after receiving rabies shots~ without having been bitten by another animal.

IVlrs. Gavran collected the case histories of rabies on file between the years 1979-1985. In the majority of cases, the person had no known history of a bite. In other cases people were bitten by fully vaccinated dogs, and in one case, the afflicted woman had been taking so-called protective rabies prophylaxis over a period of months prior to contracting the disease. She adds, "You might note there have been apparent human-to-human transmissions of rabies' as a result of corneal transplants."

As for laboratories being able to diagnose what is and isn't rabies, the CDC

(Center for Disease Control) reports that "antemortem (before death) diagnosis of rabies is difficult and often unreliable."

The Pasteur treatment was hailed as a lifesaving miracle after he supposedly "cured" Joseph Meister with it. However, carefully omitted from most mainstream literature on the subject is the fact that others were bitten by the same dog on the same day that Meister was bitten. They did not receive the Pasteur treatment and they did not get rabies.

In his book, *Pasteur: Plagiarist, Imposter*; R B Pearson reports that in England three thousand people died after being bitten by dogs and then taking the Pasteur treatment. In 1902, a British commission investigated those results, and consequently, the Pasteur Institutes were abolished. Subsequently, 2,668 persons bitten by dogs were treated for the bites without Pasteur shots, and none of them developed hydrophobia.

Gavran writes, "The best way to take care of a bite wound is through washing with soap and water. Add C internally and, voila, no rabies."

Dogs and cats have suffered hair loss, skin rashes, paralysis, blindness, convulsions, bloat, rabies, auto-immune diseases, collapse and death from rabies shots. The ever-increasing number of cancer, leukemia, kidney, liver and heart damage cases in companion animals are related to the increased use of vaccines, drugs, pesticides (flea dips, sprays, collars)

and to the denatured commercial foods they are consuming.

Tiger Tribe

January/February 1995

No More Shots! Vaccination Issues

by Luke Granfield

P 38: How Long Do Rabies Shots Last?: In our conversation with Dr Chambreau we also asked her about the rabies vaccination, which appears to be one of the most damaging of shots, and she relayed some rather startling information. "In the same lecture by Dr Schultz mentioned before," she told us, **"I learned that the reason we have one-year and three-year rabies shots is that the companies that manufacture these vaccines are not willing to keep the test animals alive past a certain point. Also, they use only a test group of seven animals, whether it be dogs or cats, as the basis for the efficacy of these vaccines.**

"So you have seven dogs or cats and those animals are given a one-year rabies shot. After a year's time, they are challenged with exposure to rabies, the vaccine is deemed effective, and then the animals are 'disposed of.' The vaccine is then labeled a 'one-year' vaccine. Another company may keep their dogs or cats alive three years before challenging them with rabies virus and that's labeled a 'three-year virus.'

"So, according to Schultz, no animal has been challenged beyond the three-year time period by the vaccine company. **Here is the vaccine that is causing most of the problems we as veterinarians see, and the only reason we don't know if the vaccine is effective longer than three years is that the company is not willing to test.**

"According to my interpretation of Dr Schultz's previous paper in *Current Veterinary Practice*, the immunity gained from the vaccine should be lifetime immunity. Somehow, we need to either get the government to accept a trial done outside of a vaccine company or the company needs to be 'paid' to run a longer trial.

"And this brings up another interesting point that Dr Schultz makes. He says that there are three stages of immunization: 1) a vaccinated animal, one who has been injected with the vaccine; 2) an immunized animal, one who has been vaccinated and has an antibody titer; 3) a protected animal, one who has been challenged by a pathogen and does not get sick. Dr Schultz goes on to say that each animal is different (which is the homeopathic perspective, as well) and the antibody level at which protection is reached is different for each animal.

"So the only way to know if an animal is truly 'protected,' whether you vaccinate or not, is to challenge them with the disease."

Pat McKay: Even if the dog or cat is challenged by the vaccine company after one year

or three years, how do they know whether it was the vaccine or the animal's own natural immunity that kept him/her from getting rabies.

***Veterinary Vaccines*, Volume 4**
Edited by R Pandey, S Hoglund and G Prasad

Vaccines against Rabies Virus

P 140: ... Some countries do still use vaccines produced in nervous tissues. Those vaccines are not safe because of their myelin content; foreign myelin (nerve tissue) may be responsible for hypersensitivity reactions of the recipient leading to paralysis Attenuated virus vaccines have been widely used previously for immunization of domestic animals; all of them are still pathogenic for some animal species, and cases of vaccineinduced rabies were often reported.

P 146: ... Vaccines for veterinary use have been prepared from sheep brain, from newborn mouse brain, from embryos or, as most frequently the case today, from virus grown in (baby hamster) cell culture. The virus is inactivated ... and associated with an adjuvant such as aluminum hydroxide.

Pat McKay: The following is a sample of the caveats that are included with the vaccines when purchased from pharmaceutical companies:

Norden Laboratories, Lincoln, Nebraska, 1988, Rabies Vaccine, Modified Live Virus, High

Egg Passage (REP), Flury Strain, Enduall-R:

Isolated cases of vaccine-induced rabies in cats have been reported following use of modified live virus (MLV) rabies vaccine produced by various manufacturers. Several such cats were positive for feline leukemia, leading to speculation that immunodeficiency may contribute to vaccine-induced rabies in cats. Although the cause-and-effect relationship between the REP-Flury strain and vaccine-induced rabies has been questioned, and reported cases are extremely rare, an overriding public health concern warrants precautions in the product's use. Therefore, use of REP-Flury strain rabies vaccine is contraindicated in immunosuppressed cats, i.e., those treated with corticosteroids or affected with known immunosuppressive disease such as feline leukemia and feline panleukopenia.

Feline ~Rhinitis ~ Calici-Panleukopenia ~ Chlamydia ~ Psittaci Vaccine Modified Live Virus, Felocell CVR-C: Although this product has been shown to be efficacious, some animals may be unable to develop or maintain an adequate immune response following vaccination if they are incubating any disease, malnourished or parasitized or stressed due to shipment or adverse environmental conditions.

Fort Dodge Laboratories, Inc, Fort Dodge, Iowa, and many other companies, state on their product insert that accompanies the vaccine:

"This product (name of vaccine) is for the

vaccination of **healthy** dogs and cats against the disease of (name of disease)."

Pat McKay: Even the pharmaceutical companies who make the vaccines warn that vaccinations should not be given to ill, malnourished, parasitized or stressed animals. Under those circumstances how would you ever know for sure when your animals would be healthy enough to be given vaccinations? And, if they were that healthy, why vaccinate?

The Natural Remedy Book for Dogs & Cats

by Diane Stein

P 279: By faithfully giving pets their annual vaccinations, guardians believe they are doing their best to help the animals stay healthy. Unfortunately this is not the case. Evidence is mounting that vaccinations do harm, and often do not give the protection the veterinary system claims. Vaccinations are an increasingly expensive yearly routine designed to line the pockets of veterinarians. Governments have stepped in also, making rabies vaccination, at least, mandatory in most states -- and also requiring the vaccine be given more often than is safe or necessary.

Vaccines are not always effective, and **it is not uncommon for animals to develop the dis-eases they have been vaccinated against. A stressed animal, or one who is ill**

or has a weakened immune system, may not develop the antibodies the vaccines are supposed to produce. The pet develops the dis-ease, and the standard vet makes excuses or give the dis-ease another name. Too many dogs develop distemper and too many cats develop feline leukemia after vaccination; many die. Both cats and dogs develop varying levels of other illnesses, as well.

Another result of vaccination is that the immune system, weakened and confused by the number of antigens it has been hit with all at once, goes awry, and **any number of new dis-eases may result.**

Says holistic veterinarian John Fudens in the September-October 1992 issue of *Tiger Tribe*:

"Every skin problem you see is due to vaccinations without fail. Later on in life, arthritic situations and degenerative spinal diseases are the result of vaccinations. And I am convinced that FUS in cats is also vaccination related."

The rabies vaccination in dogs and cats causes so many problems it isn't funny. It causes personality changes, skin changes, damages the thyroid and endocrine systems. It lowers the immune system tremendously, and after that, of course, the animal becomes fair game for just about any disease.

A frequent vaccination reaction is the return of a previously healed dis-ease or skin problem. Another typical vaccinosis symptom is tumors, sometimes appearing rapidly and all at once all over the animal's

body. Homeopaths have long been aware of these reactions in animals and humans, and homeopathy is the best way to deal with them.

But few standard veterinarians will make the connection between a dog's or cat's chronic long-term disease and vaccinations. Long-term immune dysfunction (autoimmune) diseases include asthma, arthritis, allergic dermatitis, warts, tumors, gum disease and irritable bowel syndrome. Richard Pitcairn states that in homeopathic healings, the symptoms of vaccinosis often appear and are released, with the animal making rapid healing gains afterwards. **Watch for the cat or dog who after vaccination becomes sicker with whatever dis-ease she has or who gets sick directly after the injections.**

***The Affinity Holistic Clinic IS Layman's
Handbook to Holistic Care***

by John Fudens, DVM

The Big Scam-Rabies Vaccination

P 17: I would like to give you, the reader, the truth about so-called required vaccinations, particularly rabies. There are two basic forms of law. One is the legal Constitutional and Common law that this country was founded on, and the other is "colorable" law passed by administrative agencies/bureaucrats who have been given so-called authority to pass laws. Black's Law Dictionary, 5th Edition, defines colorable law as "That which is in appearance only, and not in

reality, what it purports to be, hence counterfeit, feigned, having the appearance of truth." Yes, I study the law, am a paralegal, and have an extensive law library.

So any and all mandatory rabies vaccination programs are colorable law, in that they have been passed and mandated upon the pet-owning public by certain vested interest groups. Who are these groups? First and foremost are veterinarians, in general, and veterinary medical organizations. Second are the local animal control personnel, bureaucrats and politicians. What are their reasons? GREED, POWER and CONTROL. Both these large powerful interest groups stand to benefit greatly by having rabies mandated by colorable law.

Many veterinarians receive a large percentage of both their gross income and profit from vaccines given in the office. On average vaccines cost 60-95 cents per dose and are charged to the client at \$15 to \$25 per injection and substantially more in the large cities. Therefore, if veterinarians lobby to have a colorable law passed to give rabies vaccine every year that enhances their financial picture.

The veterinary medical societies, by working with other groups and area politicians, are rewarded by increased prestige and professional standing in the community. After all we are protecting you from the dreaded disease rabies, whether it exists or not. Some areas of the country are more enlightened and fortunate to have the rabies vaccine mandated every three years. You can be assured the rise of rabies is

never taken in to account as to whether the vaccine should be required or not. More on this later. The local government personnel benefit by extending more control over our lives, enriching the public treasury with fees, tags and fines, and giving the appearance that local government is doing something about animal populations, disease and risks to the public. Since rabies vaccines have been mandated, what county or area has seen less dog and cat bites, better animal control, more public awareness and educating of pet owning responsibility, better birth control of unwanted animals, less euthanasia of animals and decreased growth of animal control facilities?

These special groups and lobbies will use any argument, realistic or not, to justify their position. They are excellent at using the media to spread the lies and distortions. Examples: We have increased numbers of dogs biting people, pit bulls attacking and killing children are on the increase, more dogs and cats are running loose terrorizing neighborhoods, killing wildlife and other domestic stock, etc .. ad nauseam. The only thing rabies vaccination is for is the protection from rabies virus, all other justifiers for the vaccine fall under human control and exist because there are a certain number of humans connected to animals, who are irresponsible. Rabies is spread by the bite of an infected animal. The number of dog/cat bite cases in the US that expose humans to rabies is as rare as shark attacks. This low incident rate has nothing to do with mandatory vaccination as the number of cases was low before the mandatory requirement.

Let me give you an example of Pinellas County where the Affinity Clinic is located. I secured information from Pinellas Animal Control through the Freedom of Information Act. The record of animal control starts in 1964. From 1964 to 1978 there were zero cases of dog rabies in the county. Magically in 1978 rabies vaccine was mandated to be given every year and all dogs tagged and licensed. WHY? Well, it seems four veterinarians, with animal control bureaucrats, pushed the county board of supervisors to pass a law mandating rabies vaccination every year. There were three local vets and one professor from the State Veterinary College who were behind this. It was interesting reading their letters pushing this law and the minutes of the county meeting. There was talk of dogs biting people (no actual figures given), dogs running loose, animal over-population, rabies on the increase in the US (the increase was in wildlife, not dogs), etc, etc. Not once was the issue discussed that there was no rabies in the county in dogs. To this date there still has not been one case of dog rabies including the population of dogs whose owners, GOD BLESS THEM, do not vaccinate for rabies. Let's go further.

From 1964 to 1989 there were no cases of rabies in cats in Pinellas County. Magically in 1989 a law was passed mandating rabies vaccination, tags and license for all cats. Same tired worn out excuses were used. Since the 1989 law there was one cat with rabies contracted from the bite of a bat. This is standard throughout the country. No

allowance is made for dogs/cats who never leave the house or yard, could never be exposed to rabies under any circumstances, or who are so in, old or at the end of their life cycle that the rabies vaccine would throw them over the edge. No, all dogs and cats are treated the same because we have the bogeyman, rabies, stalking the streets waiting to strike unprotected dogs and cats.

Is there rabies in this country? You bet. Are there areas of this country that have rabies in their wildlife population and do some dogs/cats become infected? You bet. But let's be realistic. Rabies has been on this earth long before man walked here and will be here long after we are gone. The only way to get rid of rabies is to remove mankind and the upper animals susceptible to the virus. Then maybe the virus will die off. It is a self-limiting disease in the wild as it is fatal. So the virus has an extremely hard time spreading far and wide.

What is wrong with targeting those areas of the country that have a problem with rabies using a realistic and specially formulated program that will protect the population at risk? Too logical and the special groups don't make any money. Why not educate the pet owner to the risks and dangers and let them decide whether the immune system damage from rabies vaccine is greater or lesser than contracting the disease. We do have a God-given Constitutionally secured right to LIFE, LIBERTY and the PURSUIT of HAPPINESS.

Public health officials always have the right to mandate emergency health care procedures in case the public, in general, does not respond properly. But why should every day, month and year be as if an emergency or crisis exists? And why should we have more and more control of our lives taken from us?

The vaccines, particularly rabies, are a political and economic scam being forced upon pet owners because they do not know the truth. Rabies, nationwide, is nowhere near the problem the veterinarians, media, politicians, and bureaucrats would like you to believe.

If you wish more of the truth go to your local city or county government building and look up the codes and statutes concerning vaccines and rabies. Get figures from local animal control for rabies in dogs, cats and wildlife in your area. Then you can start to fight back, take control of your life, and protect your pet from the only dreaded disease that is important-special interest groups pushing their programs leading to vaccine induced damaged immune systems. Only you can set yourself free.

Current Veterinary Therapy by Kirk, the textbook bible for veterinarians in general, has an article on canine and feline vaccines by two researchers . Near the end of the article is a paragraph called ***Annual Vaccinations***. It states “The practice of annual vaccinations lacks scientific validity or verification. There is no immunological requirement for annual vaccinations. The practice of annual vaccinations should be considered of

questionable efficacy unless it is used as a mechanism to provide an annual physical examination or is required by law." Sure, if we can't manipulate you with annual vaccinations let's pass a law to get you into the office. Nice trick!

Well, reader, it is your choice. I can only hope to stimulate you to look and go further. You don't have to take this suppression. Fight back. The only thing you have to lose is your freedom and you have already lost a great deal of it. I can fight with you, but I can't do it alone.

Wolf Clan August/September 1995

In the April/May 1995 ***Wolf Tracks***, we mentioned the battle that Shirley Adelman was fighting against the state of Delaware on behalf of her dog Duke. Last we knew, Shirley had a court date to decide whether or not she would be forced by the state to give Duke the rabies vaccine, which had clearly compromised his state of health in the past. Here's the update.

Shirley finally went to court for the hearing, armed with an attorney, a witness, and a stack of information that she had uncovered from numerous sources, explaining the pitfalls of vaccinating. As it turns out, the person from the ASPCA, who was the representative for the state, did not show up. So, after all her hard work gathering information to present her case, it ended up that none of this information was

presented and the case was dismissed. For Duke, this means that for the time being, he will not have to be vaccinated for rabies.

The upshot of this whole situation is that Shirley has now made contact with many, many people across the country who share similar feelings and ideas about vaccines and the potential problems associated with them.

Through a networking/referral process, Shirley made contact with a nurse who works at a pediatric hospital in Delaware and who had her own set of vaccine horror stories to share. She was prepared to share these stories in court as Shirley's witness.

Shirley feels the story doesn't end here. She says that she'll never be the same. "I've learned a great deal and somehow or other, this information has to be used and I'm not going to drop it!" Shirley feels that change is in the air and that there should be a national network formed to change, or update, these old statutes on vaccine regulations. Perhaps Shirley might be the perfect person to start a "coalition for vaccinosis control." What do you think, Shirley?

CHAPTER NINE

A SCOURAGE

Vacsosarcomas
Alice Villalobos, DVM, Director
Animal Cancer Center
Hermosa Beach, California

Vacsosarcomas is the latest name given to the vaccine induced fibrosarcoma of cats. New information tells us that the incidence may be much greater than previously reported. Of the 57 million cats in the US, 62 percent see veterinarians; 64 percent of the visits include vaccinations. Of the 22 million cats vaccinated, it seems that the incidence of sarcoma is closer to 1/1,000 than the 1-2 in 10,000 previously reported. Combined data from the Animal Medical Center and CSU shows two cases from only 1,000 FeLV vaccines given.

So far, no particular FeLV or Rabies Vaccine has been singled out as more causative. The profession's goals are to reduce the risk of this fatal complication and increase the success rate of survival in Vacsosarcoma cases. The Animal Cancer Center is compiling data from 34 comprehensive reports to be published by Dr Philip Kass, PhD, ACVPM, at UCD, Department of Epidemiology.

Dr Kass has identified a bimodal incidence of Vacsosarcoma emerging. The first wave of cases were the young to middle-aged cats. Now pathologists are identifying older cats typified by the 16-year-old cat which we identified in our own practice. It seems that vaccines given at the same site over many years have the insidious, cumulative effect of stimulating oncogenes of the feline fibroblast.

DVM Newsmagazine

DVM Looks for Clues Due to Increasing Incidence of Feline Fibrosarcomas

by Robin L Daugherty, Associate Editor

Fort Collins, Colorado-Two studies by a Colorado State University researcher could prove a link between killed vaccine adjuvants (any substance added to aid the effect of the main ingredient) and the increased incidence of fibrosarcoma development in cats.

Dr Dennis W Macy, a professor of medicine and oncology at the university's College of Veterinary Medicine, is starting work on two studies that will look prospectively and retrospectively at subcutaneous, killed-product vaccines and existing tumors from feline inner-scapular areas to seek a possible correlation.

Previous studies at the University of Pennsylvania and Animal Reference Pathology Division of Associated Regional and University

Pathologists, Salt Lake City, have linked an increased incidence of feline fibrosarcomas and other sarcomas at vaccination site. Macy plans to complete his research by the end of summer.

Macy, a diplomate of the American College of Veterinary Internal Medicine with board certification in internal medicine and oncology says veterinarians have noticed development of post vaccinal granulomas and potentially related fibrosarcomas at common vaccination sites, such as the inner scapula. Typically, Macy says, fibrosarcomas are rare in this location.

Many of these nodules have contained foreign material, such as residual adjuvant, vaccine or both. They are not to be confused with the vir ally induced, multi-centric lesions found in young cats, Macy says.

"The concern is in the increased incidence, as well as the topographic location, of the lesions," says Macy. "The specific numbers in the literature say it is a significant increase since 1987. That's the same time there was subcutaneous approval for the rabies vaccine and the feline leukemia virus became available. Both are killed vaccines and both are adjuvanted."

According to the Penn study, increased incidences in the lesions increased 61 percent between 1987 and 1991, following enactment of a state mandatory rabies vaccine law in 1987.

While current research suggests an increased incidence of tumor development, prevalence is still relatively low, the studies also say. Despite this, researchers say the fibrosarcoma threat appears to be real and potentially serious.

Macy's retrospective study, which was recently awarded a \$3,000 research grant from the American Association of Feline Practitioners (AAFP), aims to further document an association between vaccination and fibrosarcomas. He and his assistants, teaching hospital resident Dr Phil Bergman and veterinary pathologist Dr Barbara Powers, will examine inner-scapular fibrosarcomas removed from cats to see if there is any evidence of aluminum in the growths.

Aluminum in the form of the adjuvants aluminum hydroxide and aluminum phosphate have been identified in the Penn and Animal Reference Pathology Division studies as a possible reactant and cause of feline fibrosarcomas.

"My personal feeling is that it's not just the aluminum hydroxide, but that anything irritating to the cat subcutaneously has the potential of creating fibrosarcomas," Macy says. "Maybe the aluminum hydroxide is the scapegoat, and other adjuvants could be just as carcinogenic."

This is where Macy's second prospective study will come into play. In this study, the three researchers plan to study widely-used killed feline vaccines and study post-vaccination reactions histologically, scoring each local reaction that occurs.

"What we're trying to do, recognizing that the various killed vaccines usually contain different types of adjuvants, is pinpoint which adjuvants are most likely to produce fibrosarcomas," Macy says.

"We will see reactions of some sort and can

evaluate the likelihood of that reaction turning into a fibrosarcoma," he says.

Macy says this study is not aimed at hurting manufacturers of biologicals. What he is hoping the study will do is to give insight into which existing vaccine products are most reactive and which are least reactive, as well as a possible change in vaccination sites.

"I'm looking to find the vaccines that are least likely to produce a reaction in the animals," Macy says. "It may also lead to recommending a vaccine in the leg, for example, that could possibly be amputated if a fibrosarcoma develops. The problem with fibrosarcomas in the inner-scapular space is that they are virtually incurable. You can't amputate."

Pat McKay: It boggles the mind to even consider continuing vaccinations and giving them in an area of the body just because that part can be amputated. The logical answer would be to stop vaccinating.

DVM Newsmagazine article continued:

Macy's studies have produced excitement in the feline veterinary community, says Dr Jay Luger, chairman of the AAFP research grant selection committee.

"We have been seeing this tumor for a long time," Luger says. "It used to be relatively infrequent, but we're seeing an increase. There's

a lot of controversy about this. It's a hot topic."

While Macy says he doesn't want to add fuel to the controversy's fire, he does want to pave the way for a healthy solution to the increase of fibrosarcomas.

He says his hypothesis is that anything causing a reaction in the subcutaneous tissues has the potential of causing these fibrosarcomas in cats. The goal for all involved, he says, should be to produce vaccines that are least irritating to these tissues and less lethal to the animals.

"The vaccine-induced ones look relatively malignant histologically and are usually quite locally invasive," Macy says. **"It's not something you would want to have on your cat."**

Pat McKay: Macy says it all in his last line.

CHAPTER TEN

AN ALTERNATIVE

Pat McKay: A nosode, which is a potentized homeopathic remedy prepared from diseased pathological tissue or discharges from infected animals, is an alternative that may be used to prevent or treat the associated disease of the tissue material. Nosodes differ from vaccines in that they are potentized, which means they have been diluted to the point that they no longer contain the elemental substance of the diseased tissue or the infected discharge, but do retain the healing properties. The animal cannot get the disease from the nosode, but may exhibit the symptoms.

I personally feel that animals should receive the nosodes only if they are already ill and the symptoms fit the homeopathic pattern of the nosode. If the symptoms of the disease fit a regular homeopathic remedy, that is the one I would use first. I do not feel nosodes should be arbitrarily given, "just because ... or instead of vaccinations.

Other practitioners feel differently about nosodes and feel they should be used as a preventative. I am including their opinions.

I also believe there are times, for instance in cattery, kennel and epizootic situations, where nosodes are beneficial in specific circumstances as in the following examples.

These are instances where nosodes were used in kennel (Stephen Tobin, Dr Med Vet) and cattery (Celeste Yarnall) situations to control an outbreak of illness by giving the nosodes to all the animals whether they were exhibiting symptoms or not.

Stephen Tobin, Dr Med Vet, PhD Excerpt from
Speech, 1991

... He (Dr Christopher Day) did another study looking at kennel cough in a boarding kennel. In this kennel they had a severe problem. Of the 40 dogs in that kennel, when he was called in, 88 percent had kennel cough. Of those 40 dogs, 18 had been vaccinated, 22 of them were not vaccinated. Of the ones that were, some of them received intranasal vaccine, some had injectable vaccine. Of those 18, all of them showed signs of kennel cough. In total, the incidence of kennel cough in that kennel was over 90 percent.

He gave a nosode to all the animals that were there and all the dogs that came in through the rest of that summer. There were 214 dogs that came in.

He broke those down also into vaccinated and unvaccinated groups. There were 64 vaccinated dogs and 164 that had never been vaccinated. After getting the nosode, somewhat

less than 5 percent of the vaccinated group developed kennel cough and only one of the previously nonvaccinated dogs developed kennel cough. So he reduced the incidence of kennel cough there from over 90 percent to less than 2 percent.

The second interesting thing about this study is that before and after the nosode the vaccinated animals showed a higher incidence of kennel cough than the nonvaccinated animals.

In my own practice I use nosodes very extensively. To give you a couple of examples where there was definite protection: In one case in a breeding kennel 10 dogs had been given a mixed canine nosode which included kennel cough nosode. Two other dogs had had only vaccinations (these are 2 dogs she had bought), subsequent to giving the others the mixed canine nosode. They were fully vaccinated. She introduced a bitch into the kennel to breed and found that this bitch also introduced kennel cough. The 2 vaccinated dogs developed kennel cough. The 10 dogs that she had on nosodes did not develop kennel cough; no symptoms at all.

Cat Care, Naturally

by Celeste Yarnall

P 42: Historically, nosodes and homeopathic remedies have been used most successfully in the midst of human epidemics. This is probably the best use of these remedies in animals as well. Dr Chambreau suggests the following scenario:

"You've put your new cat on a fresh food diet consisting of raw meat, raw vegetables, cooked grains and supplements. Your holistic practitioner has treated her with homeopathy or other holistic therapies in order to eliminate any of the subtle signs of underlying energy imbalance. Then you go to a cat show or bring home a stray you've rescued from an alley, and soon after you hear of an outbreak of panleukopenia at the show or in the alley cat population. You give one 200C dose of the nosode for panleukopenia, as well as herbal or dietary supplements to stimulate the immune system, and wait to see if any symptoms develop. If they do, you treat them homeopathically with the help of your holistic veterinarian."

Joanne Stefanatos, DVM Excerpt from Letter
of September 1995

Over-vaccinating predisposes an animal to chronic debilitating conditions such as immunemediated diseases; immunosuppression; chronic liver, kidney and heart disease; arthritis; spinal myelopathy and blood dyscrasias.

I have been using vaccine nosodes for five years and have seen excellent disease protection without any cases of vaccinosis. Even when a nos ode-vaccinated pet is challenged by exposure to the disease, protection prevails.

***Dr Pitcairn's Complete Guide
To Natural Health for Dogs & Cats***

by Richard Pitcairn, DVM, PhD

P 324: What To Do? What you can do depends on your access to a qualified holistic veterinarian. As an example, we have not used vaccinations in our practice for 17 years. In their place we give homeopathic remedies called nosodes, which are made from natural disease products. Distemperinum, for example, is made from the secretions of a dog ill from canine distemper. It is sterilized, diluted and carefully prepared in accredited pharmacies. When properly used, this medicine can protect a dog from distemper even better than the vaccine can. In fact, this method of disease protection, first developed by a veterinarian in the 1920s, showed impressive results even before vaccines were developed.

N osodes are also available for kennel cough, parvovirus, feline leukemia, feline infectious peritonitis and other COInmon dog and cat diseases. We have been using this method of protection for several years now with very satisfactory results and without the side effects and illness associated with vaccine use.

Cat Care, Naturally

by Celeste Yarnall

P 43: Unfortunately, the notion of using nosodes on an ongoing basis is slipping into

our modern rationale of "protecting the body because it can't be healthy enough to protect itself." But far better than using vaccines or even nosodes supposedly to prevent or control disease is to have your cat be so healthy that you don't feel the need to protect against any specific disease.

Indeed, there's a trend among many holistic veterinarians to use the nosodes in place of vaccines. I feel they're far less risky than conventional vaccines as a preventative protocol. Though most often given orally, they may be injected as well; however, I'm opposed to the all too-common practice of injecting things into the body. If you decide to use nosodes prophylactically, contact your homeopathic veterinarian for her/his recommendations as to how and when to administer them.

P 44: Warning: I've heard that some holistic veterinarians have recommended oral administration of nosodes, with follow-up doses put in the cat's water bowl. This can be a very dangerous practice. Nosodes are not food supplements, but extremely energetic remedies. They should be used, if at all, only under the strictest guidelines, so seek a second opinion if this manner of administration is suggested to you. When used in a haphazard way, nosodes may cause an aggravation (symptoms that actually mimic the remedy, that is, look like the disease you're trying to prevent).

I've found that all the practitioners in the holistic community care deeply about the welfare of your companion animals. Feel free to share

information with them and to network actively. If you experience a problem with nosodes, please report it to Drs Pitcairn, Chambreau, Loops and Hamilton or the American Holistic Veterinary Medical Association (AHVMA) (all telephone numbers and addresses are listed in Resources.)

Remember, the jury is still out on nosodes. Opinion is deeply divided at present. To reiterate my personal feeling about the use of any substance, conventional or not: A healthful lifestyle, with plenty of fresh food and proper hygiene is what keeps our immune systems at their peak. Let's encourage research dollars to be spent on natural ways to build up the immunity of both ourselves and our companion animals.

Pat McKay: Other newsletters and magazines with information about nosodes, natural immunity alternatives and other holistic health issues include: *Healthy Pets - Naturally*) *Journal of American Holistic Veterinary Medical Association*, *Natural Pet*) and *Natural Rearing Newsletter*. (See Resources.)

Christine Chambreau, DVM

Many experienced homeopathic veterinarians, including Drs Hamilton, Loops and I, have two major cautions about the use of nosodes.

- 3) Do not use combination nosodes. This confuses the body.
Use only those nosodes for life

threatening diseases in the young; only those likely for your animal to be exposed to.

For dogs: distemper and parvo; given at different times.

For cats: panleukopenia (cat distemper) only.

2) Do not act from fear and continue giving nosodes preventatively for life. Use, if you feel essential, for kittens and puppies only; then stop by one year of age and give only when your animal has been exposed.

Pat McKay: A few holistic veterinarians are giving nosodes before and after giving the conventional vaccine. For example, when giving a rabies vaccination, they give the nosode, Lyssin (Hydrophobinum), or in the case of giving a distemper vaccination, the veterinarian will also give the nosode, Distemperinum, stating that it will “antidote” the bad effects of the vaccine. My feeling is that the body is confused even more by giving both.

The solution: Don’t vaccinate.

Pat McKay: Homeopathic remedies prepared from healthy origins, like vegetable or mineral sources can be used in treating vaccinosis in animals (and people, too). Some of them are Thuja, Nux Vomica, Sulphur, Sarsaparilla and Silicea. I mention this to let you know there are ways of working with homeopathic remedies that are not nosodes.

For example, if your animal is suffering from a chronic condition that does not improve even after using holistic healing methods, it could well be the result of vaccinations. One of the ways this can be treated is by working with a classical homeopath using the above-mentioned remedies. Because it is a chronic condition and difficult to diagnose, I do not believe it is something you should treat on your own; you need a professional.

Because of the importance of knowing that there are ways to work through vaccinosis, I am including the following excerpt from an article by Richard Pitcairn and a letter from Don Hamilton, DVM, wherein they give examples of the use of Thuja.

Homeopathic Links

Excerpt from February 1995 Issue
A New Look at the Vaccine Question
by Richard Pitcairn, DVM, PhD

P 27: My understanding of the importance of vaccination in animal diseases gradually developed over several years. I began homeopathic practice without considering vaccination as a factor of special importance. So, what I did was to consider the totality of symptoms in the case and choose the remedy which seemed to be the similimum based on that picture. This is classical homeopathic procedure and, ordinarily, one which would be effective. However, there were a significant number of

cases that would not react curatively. Though there was improvement in some respects, nonetheless, a cure was not forthcoming. Eventually, through following the case over a period of time, the image of the remedy Thuja would emerge -- which when administered would resolve the case which had been so difficult.

What, then is the significance of Thuja as a remedy? Thuja is the most important remedy to be used for that state induced by vaccination. Other remedies noted to have this correspondence are Sulphur, Ntlezereum, Malandrinum, Sarsaparilla, Carcinosis and Silicea among others .

It gradually dawned on me that the underlying problem in some of my difficult cases was a state of illness that had been induced by vaccination. So, rather than simply use a totality of symptoms to choose my prescription, I found it more effective to emphasize the rubric "Vaccination, effects of" almost to the exclusion of other remedies. In this way, I was able to make progress in some very frustrating clinical situations.

Let me give you a few recent cases that demonstrate the usefulness of Thuja.

Case 1) Jerri, 3 1/2 -year-old mixed chow dog. Afflicted with sarcoptic mange and recurrent ear infections for two and a half years. Treated allopathically without resolution of the problem (Mitaban and Paramine dips, immune system stimulants, bacterial extracts, etc). Skin condition characterized by itching, hair loss, thickened dark skin, red irritated skin involving primarily the

feet, lower legs, around the eyes, abdomen, top of the head, inside both ears. Patient has also become timid and cautious with the other dogs. Condition markedly ameliorated by a dose of Thuja 1M with regrowth of hair, normalization of appearance of the skin, reduction of ear inflammation and return of normal personality and behavior. Condition recurred in milder form one year later (after use of homeopathic nosodes for disease protection) and was resolved by one dose of Thuja 10M.

Case 2) Manny, 7-year-old DSH, tiger stripe. Chronic diarrhea for one and a half years with 13 bowel movements a day. Very offensive diarrhea with a lot of gas being passed. Thuja 200C, one dose, resulted in marked improvement, with a perfectly formed stool within three weeks.

Case 3) May Flower, 6-month-old, female, Shar Pei dog, imported from Brazil to Kansas. Never well since first obtained; now is diagnosed with a seborrhea (biopsy) and skin fungal infection. The skin is dark, itchy, with red, scaly spots. These lesions spread rapidly over most of the body. Client says the puppy was normal until receiving "puppy shots." She began to lose hair all over, especially from flanks and tail. Treated with oral anti-fungal drug and two ointments without improvement. No effect from treatment with Sulfur 6X; temporary improvement with Rhus toxicodendron 200; rapid recovery after Thuja 200.

Change for the better was very rapid with hair growing in faster than ever seen before with this dog. Another dose of Thuja 200 needed three

months later, after exposure to plaster and chemicals used in refinishing a room. Other remedies were needed months later for some lingering minor symptoms, but Thuja clearly turned this case around.

You can see from these cases that progress was dependent on use of Thuja, the anti-vaccine remedy. Though this was not necessarily the final remedy for these patients, it seemed to be a necessary prescription. It is as if vaccinations have the ability to block response to a constitutional remedy, an obstacle that must be dealt with before cure can be underway.

Richard Pitcairn, in his workshop held at La Posada de Santa Fe, New Mexico, March 1992, *Veterinary Homeopathy) Advanced Prescribing)* went into great detail about the proper use of nosodes and other homeopathic remedies for treating vaccinosis. All veterinarians would do well to get his tapes and workbooks on the Santa Fe workshop and/or attend future seminars.

Please contact Christina Chambreau, DVM, and/or Larry Bernstein, DVM, who also give homeopathic classes and seminars.

Don Hamilton, DVM

Letter to Pat McKay dated October 9, 1995

I have spoken to two new clients today, one of whom called while I was reviewing your

manuscript. The first was about a cat that was rescued as a stray and dutifully taken to the local vet. The cat was VERY thin and malnourished from lack of food. Predictably, the cat was given the 3-in-1 vaccine and a rabies vaccine, even though she was still in poor condition. Also, quite predictably, she became ill within four days of the vaccines, developing a very severe form of asthma, a common sequela to vaccines, particularly in cats. (Thus the high incidence of feline asthma these days.)

The second case was a 7 -year-old Lhasa Apso who was just fine until taken in for her yearly "boosters." That night she became ill, was taken in and found to have a "kidney infection," and hospitalized. When the veterinarian was asked if this could be related to the vaccines, he replied, "Of course not, vaccines do not have any side effects." What planet he practices on, I'm not sure. Within homeopathic theory it is well known that vaccines directly affect the urinary tract.

The denial our profession practices under would be even harder to imagine had I not been there myself. But I still do not understand how anyone can practice for more than five or ten years and make such a statement with a straight face. I guess it's a good thing we are not a profession of Pinocchios.

The following case is of a cat that developed a rapid heart rate, probably on the way to hyperthyroidism, subsequent to vaccination.

Sheba, feline, part Siamese, female, spayed, 9 years old: Presenting complaint, 1/5/95: Twoweek duration of appetite loss with concurrent tachycardia.

History and physical symptoms: Vaccinated with FeLV and FVRCP on 12/12/94.

On 12/19/94 Sheba stopped eating. She was taken to the local veterinarian who found the tachycardia and suspected onset of hyperthyroidism. She was started on Atenolol for the tachycardia, and she began to eat normally within 2-3 days. Sheba is on the slim side, a little spooky and shy of noises particularly. She has been healthy up to this time. The only other possible symptom is vomiting once or twice a year. T3 and T4 were normal.

Assessment: This was clearly an acute reaction to the vaccinations.

Plan: As the symptoms were sparse, Thuja 200C was given for the vaccinosis. Client was to taper the Atenolol over 3-4 days.

1/17/95: Heart rate now 80-90/minute with no medicines. Appetite is good.

Assessment: Curative.

Plan: Wait. Monitor heart rate every few days.

2/23/95: Heart rate still normal, appetite is good. Sheba is putting on a little weight for the first time ever.

Assessment: Curative.

Plan: Continue to wait and watch. Comment: This is probably an acute manifestation of chronic disease rather than a truly acute disease. It is very possible this would have progressed to hyperthyroidism had the client not sought alternative help. Sheba may still have chronic disease, but without symptoms we can only wait as well as correct the diet and stop vaccinations.

Pat, I agree with those you quote in your manuscript who state that we, in essence, spend most of our time correcting the damage done by our profession. That is, damage from vaccines and damage from the poor diets we advise people to feed.

Pat McKay: Oxygen and ozone therapies are other alternatives that can be used both as a preventive measure and as a healing modality. As a matter of fact, oxygen should be one of the first to consider.

Who would ever think of oxygen as a healing modality. We take it for granted that we have sufficient oxygen available to us at all times. Decades ago the air engulfing our planet was 38 percent oxygen. Now it ranges from as low as 10 percent in many of our cities to 20 percent under the best of country conditions.

In addition to oxygen-deprivation from the environment, our oxygen levels, and our animals', can drop because of injury, disease or vaccinations.

Oxygen can be used in the form of foodgrade hydrogen peroxide and/or magnesium oxide. (See Resources.)

H₂O₂, hydrogen peroxide, originally called Oxygen Water, is water (H₂O) with an extra molecule of oxygen (O₁). It is that extra molecule of oxygen that creates the volatility and instant release of an electrically charged oxygen atom on contact with an unfriendly microorganism to transform it into a nothing. Bacteria, viruses and

fungi cannot live in an environment which has a preponderance of oxygen.

Magnesium oxide involves the bonding of oxygen and ozone to magnesium. This oxygen is made bio-available to the stomach which is 40 percent more efficient in assimilating oxygen than the lungs are. It also assists in oxidizing the undigested putrefaction that is known to be impacting the intestines and the colon. By introducing oxygen and ozone into the intestines and the colon, one can assist this process, as well as oxidizing the undigested material. Stabilized oxygen aids digestion, facilitates removal of diseased and dying cells and cleanses and purifies the intestines.

Ozone is a gas, an energized form of oxygen, with a chemical formula O_3 . It is unstable and disassociates readily back into oxygen, thus liberating so-called singlet oxygen which is a strong oxidizing agent. It is this particular reactivity which provides the starting point for ozone's multiple effects within the body.

The different modes of action of ozone on a living organism are now well understood and involve the production of ozone-generated peroxides. It is these which are responsible for the remarkable bactericidal and fungicidal effects. The virus inactivation takes place in a similar way and is enhanced by a peroxide intolerance of virus-infected, weakened cells.

Peroxides are powerful, free-radical producers and as such could be harmful, but ozone has an advantage here which other free-radical producing agents do not appear to have.

Not only are normal cells protected from oxidative stress effects of ozone infused in correct amounts, but-almost paradoxically-ozone appears to promote a stimulation and activation of the enzymes involved in peroxide and free-radical scavenging **thus enhancing immune responsiveness.**

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CHAPTER ELEVEN

A NATURAL IMMUNITY

Art Stratton
Article Written February 1997

A healthy immune system has the ability to keep all invaders out thanks to the protective abilities provided by Mother Nature.

When a vaccine is injected directly into the blood stream, past all the normal immune system defenses, the vaccine has access to all tissues and organs without the shielding of the skin and other protective organs.

In addition, the vaccine tricks the body into believing there is only one particular virus or bacterium, when, actually, there could be many kinds and/or different strains. Because the immune system is focusing on only one particular one, the body can be overcome by the others.

The immune system is designed to discriminate between benign and potentially dangerous antigens. Alien viruses or bacteria purposely injected into the body can fuse with healthy cells and continue to replicate.

In which case, the immune system is likely to either invade its own cells in an uncontrolled

offensive response or ignore the dangers altogether, thus creating minimal healing responses to diseases. This subtle and complete undermining of basic health is the legacy of vaccinations.

IMMUNIZATION

The Reality Behind The Myth

by Walene James

Artificial vs Natural Immunity

Just because you give somebody a vaccine, and maybe get an antibody reaction, doesn't mean there is an immunity. The only true antibodies are those you get naturally. What we're doing is interfering with a very delicate mechanism that does its own thing.

"If nutrition is correct, it does it in the right way," says Dr William Howard Hay. "It is nonsense to think that you can inject pus into a little child and in any way improve its health. There is no such thing as immunization, but we sell it under that name.

"If we could by any means build up a natural resistance to disease through these artificial means, I would applaud it to the echo, but we can't do it. The body has its own methods of defense. These depend on the vitality of the body at the time. If it is vital enough, it will resist all infections; if it isn't vital enough, it won't, and you can't change the vitality

of the body for the better by introducing poison of any kind into it."

Cat and dog owners are usually surprised when I recommend feeding their animals raw meat. When asked "Why?", I usually respond, "I have never seen a cooked rabbit running around in the woods."

In other words, cats and dogs eat only raw meat in nature. Raw meat contains enzymes that help cats and dogs digest it. Heat destroys these vital compounds requiring the animal's pancreas to secrete more of its own enzymes. This pancreatic stress is a precursor for a great number of chronic and acute health problems.

Heat also reduces the water content and alters the protein structure. Therefore, cooking meat makes it much more difficult to digest. Poorly digested food is extremely damaging to health and vitality.

Francis Pottenger, MD, spent ten years working with 900 cats in the 1930s and 40s. He clearly demonstrated that feeding cats cooked meat instead of raw resulted in a tremendous number of health problems ranging from allergies to cancer. Many of the problems were passed on from mothers to kittens (i.e., they appeared genetic.)

"What about parasites and bacteria?" is the next question that comes to the mind of most people. True, heat does destroy these types of

organisms. However, healthy cats and dogs have strong, naturally occurring defense mechanisms that destroy these organisms as well.

Feeding cooked meat weakens cats and dogs making them more susceptible to parasites and infections than any source (e.g., tapeworms via fleas). By feeding properly, the animal's intestinal tract will remain clean and strong. The digestive secretions will be potent and the environment within the bowel will be inhospitable for worms, salmonella, etc. If the environment is not appropriate for infections, they cannot occur.

Also, the whole body, including the immune system, will be healthier as a result of the improved nutrition. A healthier body is more resistant to ALL disease.

If good nutrition improves disease resistance, then "Why vaccinate?" is another common question. There is no doubt that vaccinations, especially multiple vaccines given repeatedly, are damaging to the body's vital healing abilities. I, and many health professionals world-wide, feel that the dangers of vaccine poisoning (vaccinosis, as it is called by homeopaths) have not been adequately assessed or addressed.

Even mainstream, conventional immunology has no explanation for the practice of annual boosters. Cats that succumb to feline distemper, for example, would be the weaker members of the population. This is part of the natural

selection process. The end result is a strengthening of the genetic pool. Of course, none of us want to think our cat is not "fit." The price we have paid for saving these animals is a tremendous amount of chronic illness and suffering.

I firmly believe that poor nutrition and vaccination are the primary causes of almost all of the chronic and most of the acute health problems that affect animals today. If the nutritional status of our beloved companions was optimized, the number of animals succumbing to infectious diseases would decrease dramatically over a period of three to four generations which would virtually eliminate the pressure to develop and promote vaccines.

***Vaccination:
The Medical Assault on the Immune System***

by Viera Scheibner, PhD

The body has the proper, natural mechanisms to create immunity to diseases. The diseases themselves are the challenging mechanisms of the maturation process leading to the competence of the immune system.

In other words, it is very beneficial for our animals to be exposed to diseases when they are puppies and kittens. This is part of Mother Nature's process of building and developing a healthy system.

SURVIVAL OF THE FITTEST

The fanaticism fed by ignorance, irrational fear of illness and greed are the moving forces behind the ritual of vaccination.

P xx: It is absurd to set out to eradicate infectious diseases which play an important role in the maturation of the immune systems of our children. It has been documented in medical literature that people who contracted cancer and other chronic degenerative diseases in later years have remarkably few infectious diseases of childhood to report. A proper development of rash during such infectious diseases as measles is apparently important for the prevention of cancer and other serious diseases in later life.

P xxi: Autoimmune diseases like asthma, lupus, erythematosus or eczema also either disappeared or greatly improved after the child contracted and overcame measles. They also questioned the wisdom of relentlessly trying to suppress natural expressions like fever instead of recognizing its importance in the natural healing process. Also, infectious diseases represent important developmental milestones in children.

Perhaps the most important of all good reasons to accept the infectious diseases of childhood is a well-documented fact that the immune system must be primed and challenged in young individuals if it is to function properly and protect the individual against the far worse autoimmune diseases of later life, such as cancer.

Murder By Injection

by Eustace Mullins

In 1948, Dr Sandler, who was then serving as nutritional expert at the US Veterans Administration Hospital in Oteen, North Carolina, became alarmed at the enormous amounts of heavily sugared drinks, candy and other sweets which were being consumed by children during the hot summer months, at the same time that polio became epidemic each year. He conducted tests which led him to the conclusion that the children's consumption of sugar had a direct relation to the virulence of the polio outbreaks. He then issued an urgent warning to parents to ban consumption of any refined sugar product, particularly candy, soft drinks and ice cream during the summer months.

The result of Dr Sandler's campaign was that the number of polio cases dropped in North Carolina 90 percent in a single year, from 2,498 in 1948, to only 229 in 1949. Aroused by the effect that Dr Sandler's warning campaign had had on their summer sales in North Carolina, the soft drink distributors and the candy manufacturers came in the following year with a statewide promotional campaign, featuring free samples and other promotions. By 1950, the polio toll had risen once more to its 1948 level.

What happened to Dr Sandler? A study of North Carolina publications shows no further mention of him or his program.

The Natural Remedy Book for Dogs & Cats

by Diane Stein

For an animal with any disease, including those induced by vaccinosis, building the immune system is central which means providing full nutrition. The autoimmune diseases also require as few toxins and contaminants in the food and environment as possible. The optimal diet with supplements is designed for full health and strong immunity in any situation.

The Complete Herbal Book for the Dog

by Juliette de Bairacli Levy

... states that she personally has no use for vaccinations whatsoever for her animals or her children. During her travels with her young children and her dogs who accompanied her and were exposed to numerous new contagious ailments, the only protection which she desired for them was the all-round protection of good health resulting from careful daily diet of good, whole, natural foods, mostly eaten raw-as Nature intended for people and animals-and also the use of disinfectant herbs.

The Vaccination Connection

by Sue Marston

... states that she has known of many vaccinated, as well as unvaccinated, domestic

animals which came down with diseases such as parvo, distemper and feline leukemia.

She has also observed the high resistance to disease in animals fed a pure, natural diet, given clean, purified water and kept away from pesticides and vaccines.

Cat Care, Naturally

by Celeste Yarnall

We can have healthy animals simply by making lifestyle changes to fresh raw foods, purified water, natural supplements, fresh air, regular exercise, proper hygiene, reduced exposure to stress and pollutants. With this regimen, who would need vaccines?

Pat McKay: Animals have been around for millions of years and got along just fine before man came up with the idea of injecting viruses, bacteria, drugs and other poisons directly into the body. The allopathic community feels they know better than God. Our creator has already provided every living being with the greatest protection of all-an immune system. The reason we have the disorders, disabilities and diseases that exist in the world today is because we abuse that system. In general, our animals are presently in a poor state of health due to ignorance, apathy, greed, negligence in some cases and overindulgence in others, all of which lead to processed food, abuse of drugs and poisons;

consequently, resulting in the suffering of animals and people.

Only we, the guardians of our animals and children, can turn this around. Give this book to a friend, a relative, your veterinarian, your pediatrician or anyone who may not even be aware of the serious consequences of vaccines.

Educate yourself and others about fresh raw foods, natural supplements, regular exercise, proper hygiene, purified water and natural health care for happy, healthy people and animals--which brings us back to where we started--NATURAL IMMUNITY.

The following letter is one used by a veterinarian in California and can be used as a sample to show to your own veterinarian when asking for any exemption from the rabies vaccine or any situation where your animal might be required to have a health certificate.

Date ____

Patient _____

Guardian _____

To Whom It May Concern:

This letter is to verify my recommendation that this animal should not be given vaccinations due to the risk of creating or exacerbating illnesses in this animal. This animal is either a breed type or an individual who has a tendency to develop illness as the result of the immune system stress created by vaccination.

Recent studies have shown the relationship of routine vaccinations to many immune related diseases. Many immune system diseases such as allergic dermatitis, food allergies, autoimmune thyroiditis (hypothyroidism), decreased resistance to infections, blood dyscrasias and general immune system suppression have been related to vaccination.

It is my opinion that the above-mentioned animal has a risk of illness if given vaccinations.

AN EPILOG

If there is any question about how I feel about vaccinations, let me say that my first choice for my book title was Vaccinations: Deceit, Debility, Disease & Death. I changed it only because I prefer to accentuate the positive and eliminate the negative.

We can eliminate the negative by each of us doing our part in seeing that our own animals are kept healthy through nutrition, sanitation, hygiene, exercise and good common sense when it comes to health care.

Find a holistic veterinarian. Too often I see and hear about veterinarians who have a sign out front, a business card, brochure or other advertising stating they are holistic or that they practice homeopathy, and in actuality, they don't. As soon as you are in the office they say, "Well, in this particular case we have to use (name a drug, any drug.)" That is not a holistic or a homeopathic practice.

And just because a veterinarian tells you which one of the canned or dried foods is "best," that does not make him/her a nutritionist. An honest veterinarian will tell you they did not have one class in basic nutrition in medical school. They may have had a class taught by a veterinarian who works for one of the commercial pet food companies who tells the veterinary students why their pet food is the best.

If you have a truly holistic veterinarian, s/he will tell you that RAW food is the best, because that's what carnivores are meant to eat. The digestive and eliminative systems of a carnivore have not changed. Domestic or wild, their systems still need RAW food.

If a surgeon opens up a coyote or wolf on the surgical table and opens up a dog of similar size, they will see exactly the same organs, glands, tissue and make-up of the anatomy. The wild animal may have healthier looking tissue because slhe has been eating raw food in the wild, but the anatomy of the companion dog and cat has NOT changed over the past centuries because of domesticity.

Now, if they tell you RAW is best and sell you canned or dried, what does that tell you? Right. They don't walk the talk!

It is not easy to find a truly holistic veterinarian. A CLASSICAL homeopath is your best bet. Classical means they use one remedy at a time and NO drugs. (Yes, there are always exceptions.) If the practitioner is using blends several homeopathic remedies mixed in one solution or they tell you to give several tablets or pills, each of which is a different remedy-that is not classical homeopathy. Anyone using homeopathic blends would be analogous to using several antibiotics at one time because slhe is not sure which one will work, so throw them all in and see what happens. That is not even good allopathic medicine, and it is definitely not homeopathy. You can do better than that yourself

by reading a few books and using ONE remedy that is closest to the symptoms, which is called a simillimum.

If you have to use a traditional or allopathic veterinarian, then that is what you have to do. At least you know what that veterinarian professes. I am more concerned about the veterinarian who claims to be holistic-and the client feels secure in that belief-and then the veterinarian continues to vaccinate, sells or prescribes canned and dried foods, prescribes homeopathic blends, uses antibiotics and steroids and does unconscionable surgeries like declawing cats, docking tails, cropping ears, et al.

Now, if after reading all this YOU choose allopathic medicine, that is your choice. You are the GUARDIAN of your animal-we are definitely not their owners-and it is your responsibility and duty to choose the best health care for her or him.

The calls and complaints I receive have to do with asking for and expecting holistic care and getting allopathic.

For those of us who want holistic care, the only way we are going to turn this around and get what we want is to ask for, expect and, if necessary, demand natural health care, resulting in having happy, healthy animals.

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Most of the above books are available at your local bookstores and healthfood stores.

The books that are specific to vaccinations can be ordered through: New Atlantean Press, PO Box 9638, Santa Fe, NM 87504, 505-983-1856. www.thinktwice.com

There are several pamphlets/books available from New Atlantean Press on vaccine laws for children's exemptions. To my knowledge, no books are available for animal's exemptions, except I would make the same argument for my animals as I would for my children, so you may want to call for a catalog from New Atlantean Press for a list of the pamphlets on vaccine laws.

HAS YOUR VETERINARIAN INFORMED YOU THAT:

Vaccines are immune system destroyers

Vaccines are composed of bacteria, fungi, and viruses capable of genetic mutation

Vaccines can result in major brain damage

Vaccines are not responsible for the decline in diseases

Many veterinarians do not vaccinate their own animals

Often one-third to one-half of a veterinarian's income comes from vaccinations

Pat McKay Bio

Acknowledged pioneer and leader in the development of the raw and fresh food diet, animal nutritionist, counselor and author, Pat McKay is nationally recognized by animal health care professionals for her contribution to the raw food revolution for cats and dogs.

She has devoted over 30 years researching and completing thousands of case studies where her findings consistently reveal that a raw food program insures maximum health results from her animal clients.

Moving from the theoretical to the practical, McKay has spent the last 30 years synthesizing her findings to create a complete nutritional guide, which offers the most up-to-date clinical information and quick-step menus that make raw, fresh-food preparations both fun and easy.

In 2003 Pat McKay sold her business and retired. Her present companions are: Jacques, a standard poodle, 12 years old and Dutch, a Dutch Shepherd, 11 years old. Her dogs, even though they are purebreds, are rescue dogs.

Of course all Pat's animals are on her fresh, raw food program, including naturally grown meats and vegetables. Pat uses homeopathy for all medical needs.

Author of:

REIGNING CATS & DOGS, A Holistic Approach to Royal Treatment for Healthy, Happy Carnivores.

and

NATURAL IMMUNITY, Why You Should NOT Vaccinate!



Abbey, Mary 39

Acetone xi

Adelman, Shirley 96, 97

Adjuvants 29, 66, 86, 99, 100, 101

Affinity Holistic Clinic's Layman's Handbook to Holistic Care, 2 90

Aggression 26

AIDS xi, 9, 24, 53, 77

Allen, Hannah 135

Allergies xi, 2, 9, 20, 29, 31, 36, 41, 48, 123, 131

Allopathic ix, xii, 41, 62, 63, 69, 73, 113, 129, 134, 146

 Community 69, 73, 129

 Drugs 13

 Medicine xii, 24, 33, 133, 134

 Veterinarians ix, 134

Aluminum xi, 86, 101

Alwell, Laura 46

AMA 22

American Holistic Medical Association 13, 110

Animal Cancer Center 98

Animal Guardian 47

Animal Regulation, Department of 44

Antibiotics xi, 4, 26, 29, 72, 133, 134

Antibodies 61, 62, 68, 74-77, 85, 89, 122

Antigens 66, 89, 121

Apathy 129

Appetite 26, 116, 117

Arthritis xi, 31, 47, 53, 90, 107

Asthma xi, 90, 116, 126

Autoimmune 2, 4, 47, 48, 90, 126, 128, 131

AVMA 22

B

Bacteria xi, 28, 34, 36, 66, 74, 76, 77, 78, 113, 118, 121, 123, 129

Baldwin, Mr James 58

Bernstein, VMD, Larry A 115

Bertram, R Fletcher 135

Blindness xi, 83

Bloat 24, 39, 43, 44, 45, 83

Blood xi, 2, 4, 21, 26, 29, 34, 44, 45, 56, 61, 62, 78, 107, 121, 131

Dyscrasias 107, 131

Breeders 25, 45, 50, 51, 58, 59, 68, 73

Buffy 46

Burnett, MD, J Compton 14

Buttram, MD, Harold E 135

C

Cancer xi, 3, 21, 29, 31, 33, 36, 41, 47-50, 53, 56, 69, 83, 98, 123, 126

Canine and Feline Vaccines 67

Carbolic acid xi

Carcinosin 113

Carter, Jimmy 51

Cat Care, Naturally, Celeste Yarnall's Complete Guide to Holistic Health Care for Cats 23, 25, 105, 106, 108, 129, 138

CATS:

Asthma 116

Books on 12, 18, 88, 108, 128, 136, 138, 146

Declawing 135

Diseases 15, 19, 21, 24, 83, 89

Feline AIDS (FIV) 24

Feline infectious peritonitis (FIP) 9, 19, 108

Feline leukemia 9, 19, 24, 87, 89, 98, 100, 108, 129

Feline urological syndrome (FUS) 89

Fibrosarcomas 69, 98, 99, 100, 101, 103

Hair loss 26

Healthy 124

Immunosuppressed 87

Injection-site cancers 48, 69, 98, 99

Mandatory license 93, 94

Meat: cooked 123, 124 raw 123, 146

Panleukopenia (cat/feline distemper 111, 124

Protect ix

Rabies 81-84, 87, 89, 93-95 tests 84 vaccine-induced 87, 89

Running loose 92

Vaccinating, fear of not vi, 40

Vaccination, adverse reaction viii, 39, 83, 87, 89, 99

Vaccinosis 26

Vacsosarcoma 99

Cats: Homeopathic Remedies 136

Chaitow, Leon 135

Chambreau, DVM, Christina 24, 84, 106, 110, 115

Chatz, Vera 27

Children 1, 2, 4, 8, 17, 22, 27, 28, 32, 34, 40, 49, 54, 80, 81, 92, 126,-
128, 130, 137, 139

Chlamydia 26, 87

Cole, Dr Peter 80,81

colorable law 90,91

Complete Herbal Book for the Dog, The 57,128,136

Confessions of a Medical Heretic 27

control, controlling 22, 91-93, 95

convulsions 39, 47, 83

cough 15, 25, 26, 105, 106, 108

Coulter, Harris L 135

Cournoyer, Cynthia 135 court x, 96, 97

Cronkite, Walter 52

Current Issues on Vaccine Safety and Efficacy 39 ***Current Veterinary Therapy*** 67,
95

cystitis 26

D

Damage Following Immunization 39

Dangers of Compulsory Immunizations: How to Avoid Them Legally 136

Daugherty, Robin L 99

Day, MA, VetMBB, MRCVS, Christopher E I 24, 105, 136

death 2, 6, 16, 22, 27, 34, 42, 47, 51, 58, 65, 68, 69, 70, 77, 80, 83, 132

debility 132

decayed animals xi

deceit 132

dermatitis 90,131

destructiveness 26

diarrhea 34,38,114

DISEASE

acute 15, 18, 23, 24, 117

agents of 62, 75, 77

animal 9, 13, 15, 24, 34, 58, 89, 92, 95, 108, 112, 128, 129

autoimmune 2,47,48,83,90,126,128

caused by vaccination 2,4,45,49,53,54,65,71,76, 82,128,129

causes of 40,41,49,76

Centers for Disease Control 17, 51, 70, 83

chronic 9, 11, 13-15, 20, 23-25, 28, 47, 58, 90, 117

communicable 11,12

cycles 7

degenerative 89,126

NATURAL IMMUNITY-Why You Should NOT Vaccinate!

epidemics 7,9

foreign 20

germ theory 73

human 15,57

immune deficiency 9, 37, 39, 87

immune related 37, 48, 87, 107, 125, 131

increase in 16

infectious 4, 24, 35, 64-66, 69, 73, 75, 125, 126

inflammatory bowel 21, 26

life-threatening 10, 111

naturally occurring 9

not able to resist 9

pathogenic 77,104

prevention of 31, 41, 56, 57, 61, 78, 107-109, 114

rabies 91

remedies made from 11,104,108

resistant to 9, 60, 63, 71, 76, 77, 122, 124, 129

skin 20, 21, 58

soil of 75, 78

vaccinated against 16,71

vaccine-related 12-14, 19, 38, 40, 65

vaccines made from 34, 41

viral 14

doctors 1, 3, 6, 17-19, 22, 27, 32, 33, 35-57, 57, 59, 64, 80, 81, 137

Dodds, DVM, W Jean 23, 39, 44, 46, 72

DOGS:

allergies 9

biting 83, 92, 93

books on 12,18,88,108,128,136,138,146

bloat 43

diseases 15,39,58,59,73,89

distemper 89,111

healthy 88,124

homeopathic immunizations 25

immunosuppressed 46,60

individual experiences 41,42,58,59,82,105,106, 111,114,128

kennel cough 25,105,106,108

meat cooked 124 raw 123,146

natural diet 42

parvo 39,42,43,72,78,108, 111,129

rabies 81-84, 89,93,94

tests 84 show dogs 72

steroids 7

vaccinating, fear of not 40

vaccination

adverse effects 58,73

mandatory x,81,93,

protect against ix mass 58

warnings viii,60,73

vicious 80,81

Dogs: Homeopathic Remedies 136

Dog World 46, 58

Don't Get Stuck 135

DPT v, viii, 54, 135

Dr Pitcairn's Complete Guide to Natural Health for Dogs & Cats 12, 18, 108, 138

drugs vi,2, 13, 32, 76, 83, 129, 133

Duke 96, 97

DVM Newsmagazine 99-103

E

ear infections xi, 71, 113

Eckroate, Norma 47, 136

epidemics vii,4, 7, 16, 30, 35, 56, 64, 73, 106

epizootic 5, 7, 105

Every Second Child 136

exercise 4, 10, 60, 129, 130, 132

F

Fear vi, 1, 3, 44, 50, 111, 126

feces xi

feline AIDS (FIV) 24

feline infectious peritonitis (FIP) 9,19,108

feline leukemia 9, 19, 24, 87, 89, 98, 100, 108, 129

feline urological syndrome (FUS) 89

fibrosarcoma xi, 69, 98-103

Finn, Tom 136

Fisher, Barbara 135

Ford, Gerald 50-53

formaldehyde xi, 34, 39, 52

formalin 38

Fort Dodge Laboratories 87

Frazier, Anita 47,136

Freedom of Information Act 93

Fudens, DVM, John 1,89-90

fungi xi,119

G

gastroenteritis 24, 39

Gavran, Marilyn 82, 83

Glowicz, Dr Judith 46

greed 2, 91, 126, 129

guardian 1, 22, 27, 88, 130

guilt xii, l

H

Hamilton, DVM, Donald K 110, 112, 115

Hay, Dr William Howard 123

Health Freedom News 54

Healthy Pets-Naturally, The Holistic Newsletter with Natural Remedies for Treatable Ailments 40

Heart xi, 41, 53, 54, 83, 107, 116, 117

Hippocratic oath 2

Hoglund, S 138

holistic 2, 5, 13, 26, 41, 47,49, 63, 89, 90, 107-112, 132-134, 128, 139

homeopath 20, 28, 90, 124

classical 112, 133

homeopathic 10, 12, 13, 19, 20, 24, 26, 58, 63, 64, 85, 90, 104, 106-112, 114-116, 132-134, 136

homeopathic doctors 19, 59, 110, 115

Homeopathic Links 112

homeopathic remedies viii, 10, 26, 64, 106, 108, 111, 115, 133, 136

Homeopathic Treatment of Small Animals 136

homeopathy 31, 63, 89, 107, 115, 132-134, 136

Honey Bear 39

How To Raise A Healthy Child .. .In Spite of Your Doctor 13

hydrogen peroxide 118

hypothyroidism 131

ignorance 126,129

IMMUNE:

activity 75

defense 49

deficiency 9

disease 2, 9, 39, 47, 48, 83, 107, 126, 128, 131

dysfunction 90

response 47, 62, 75, 77, 87, 120

suppressant 72

system 1, 4, 6, 79, 19, 21, 23, 28, 29, 34, 36, 38, 39, 41, 46-48, 66, 71, 72, 78, 79,
89, 94, 95, 107, 110, 113, 121,124-126, 128, 129, 131, 138

Immune Trio, The 135

immunity 37, 66, 67, 74, 75, 85

artificial 44, 122

biological 74

lifetime 85

natural 4, 5, 62, 79, 86, 110, 121, 122, 125, 128, 130, 137

no results 6, 17

immunization xiii, 24 ,25-28, 30, 37, 39, 44, 49, 51, 53, 59, 61-63, 65, 73, 74, 80, 85,
86, 122, 135-137

Immunization, A Deadly Farce 135 ***Immunization: The Reality Behind The Myth***
135

immunize 2, 73, 85

individual experiences v, 41, 42, 43, 45, 58, 59. 82, 97, 105, 106, 111, 114, 128,
132, 147

infectious diseases xiii, 4, 11, 24, 35, 64, 66, 69, 73, 75, 125, 126

infectious peritonitis 9, 10, 19, 108

inoculations 38, 54, 70

intimidation 1

J

James, Walene 122, 136

Jenner, Edward

Jerri 113

***Journal, American Holistic Veterinary Medical Association* 140**

K

Kalokerinos, MD, Archie 136

kennel cough 25, 105, 106, 108

kidneys xi, 41, 71, 83, 107, 116

killed virus 37, 99, 100, 101

L

law iv, ix, 1, 52, 54, 63, 65, 68, 81, 90, 91, 93, 96, 97,
100, 134, 139

laziness 26

Lemmon, DVM, Michael W 47

lethargy 39, 47

leukemia xi, 9, 19, 24, 36, 39, 41, 83, 87, 89, 100, 157, 108, 129

feline 9, 19, 24, 87, 89, 100, 108, 129

Levine, MD, Emil 32

Levy, DVM, Jeffrey 24

Levy, Juliette de Bairacli 57, 128, 136

Licking 27

Life Force ix, 38

liver xi, 8, 17, 41, 83, 107

Long, VMD, Jack 143

Loops, DVM, Charles E 110, 143

Luger, Dr Jay 102

Lupus xi, 21, 53, 126

Lyle, Jean 44

Lyssin (Hydrophobinum) 111

M

Macleod, MRCVS, DVSM, George 136

Macy, Dr Dennis W 99-103

magnesium oxide 118, 119

Malandrinum 113

mandatory 2, 88, 91, 92, 100

Manny 114

Marston, Sue 32, 33, 35, 37, 39, 40, 82, 128, 137

May Flower 114

McBean, Eleanor 137

McDonough, FRCS, J E R 59

McKay, Pat v, vi, vii, ix, xi, xiii, 1, 4, 22, 25-27, 37, 72, 85, 86, 88, 102-104, 110, 111, 115, 118, 129, 137, 140, 146, 147

McKay, Pat, Inc, Animal Nutrition 143, 147

Meat: cooked 123, 124 raw 107, 123

Media 1, 40, 44, 92, 95

medical community xii, 1, 2, 30

medical doctors xi, 3, 22

medical proof 1

Mendelsohn, MD, Robert S 27, 80, 137

mercury xi, 4, 52

Mezereum 113

microorganisms 62, 63, 75, 76

Miller, Neil Z 137

Misty 42

MODIFIED LIVE:

infections 66

parvovirus 39

vaccine 25, 29, 39, 70, 71

virus 38, 86, 87

money 2, 17, 94

Mork 41

Morris, Dr Anthony 51

Mothering Magazine: Vaccinations: The Rest of the Story 138

mucous xi, 21, 78

mucus 29

Mullins, Eustace 1, 49, 127, 138

Murder By Injection 2, 49, 127, 137

Murphy, Jamie 138

Murphy, Dr W J 59

N

National Institute of Health 54

Natural Rearing Newsletter, For Breeders That Choose to Think for Themselves
61, 64, 72

Natural Remedy Book for Dogs & Cats, The 88, 128, 138

Negligence 129

Neustaedter, OMD, LAc, Randall 138

New Atlantean Press 139

New Natural Cat, The 47

Norden Laboratories 86

Nosodes 10, 13, 104-115

Nutricare News 5

nutrition 9, 11, 24, 31, 33, 36, 40, 41, 45, 63, 64, 77, 78, 122, 124, 125, 127, 128,
132, 138, 146, 147

Nux Vomica 111

O

obligation 1, 65

overindulgence 129

ozone 118-120

P

Page, MD, Charles E 55

pancreas xi, 123

Panday, R 138

paralysis vii, xi, 6, 53, 54, 57, 83, 86,

parvovirus 39, 42, 43, 72, 78, 108, 111, 129

Pasteur 57, 73 ,75, 76, 82, 83

Pearson, RB 83

pediatrician v, xii,22,130

Peebles, Dr J M 50

People IS Doctor Newsletter, The 27

peroxides 119

pesticides 36, 40, 83, 129

pharmaceutical companies 3, 22, 34-36, 64, 68, 86, 88

Phillips, DVM, Tom R 67

Pitcairn, DVM, PhD, Richard 4, 5, 11, 12, 18, 23, 24, 26, 37, 38, 90, 107, 108, 110, 112, 115, 138

Pitcairn, Susan 18, 138

Poisoned Needle, The 136

poisons 3, 34, 41, 52, 129

polio vii, 11, 15, 16, 30, 53-55, 70, 127

politicians 1, 91, 95

pollution vi, 35, 76

Pottenger, MD, Francis M, Jr 123-128, 138

Pottenger's Cats, A Study in Nutrition 123, 138

power, powerful 17, 33, 37, 63, 64, 91

Prasad, G 138

pus xi, 54, 122

Q

Quarantine 44

R

rabies ix, 7, 20, 43, 44, 68, 80-98, 100, 111, 116, 131

raw food 4, 129, 130, 133, 147

Reigndrop 147

Reigning Cats & Dogs 137, 147

research 1, 3, 23, 29, 30, 32, 35, 63, 71, 73-77, 82, 95, 99, 100-102, 110, 137, 138

respiratory 2, 26, 43

Robbins, Dr Frederick

S

Sandler, Dr 127

sanitation 11, 30, 58, 76, 132

Sarsaparilla 111, 113

Saxon, Dr John 37

Scheele, Leonard 54

Scheibner, PhD, Viera ix, xiii, 1, 4, 125, 139

Schultz, DVM, Ronald D 67, 84, 85

seizures 24, 26, 39, 41, 44, 71

sera xi, 34

Sergei 147

Sewell, Sis 40, 139, 144

Shannon, James R 54

Sheaffer, VMD, C Edgar 23

Sheba 116

Shelton, Herbert M 54

Shepherd, MD, Dorothy 59

Shot in The Dark, A 135

SIDS xi, 27

Silicea (Silica) 111, 113

Simpson, Dr Robert W 53

Smallpox 3, 11, 15, 16, 50, 56

Snow, Dr Herbert 53

Stein, Diane 88, 128, 139

Stefanatos, DVM, Joanne 38, 107

Stratton, Art 121

stress vi, 36, 40 43, 46, 63, 72, 74, 76, 77, 82, 87, 88,
120, 123, 129, 131

studies 3, 15, 23, 24, 29, 52, 66, 76, 77, 99-102, 131

soil of disease 75, 78

steroids 4, 7, 87, 134

Sulphur 111, 113

survival of the fittest 126

Swift, DVM, Russell 28, 123

T

test 3, 34, 127

Thuja 12-14, 111-115, 117

Tiger Tribe 84, 89

Tobin, Dr Med Vet, Stephen 105

U

ulcers 24, 39

Urine xi

V

Vaccination Condemned By All Competent Doctors 137

Vaccination & Immunization: Dangers, Delusions and Alternatives 135

Vaccination, Social Violence and Criminality 135

Vaccination: 100 Years of Orthodox Research Shows That Vaccines Represent a Medical Assault on the Immune System 1, 2, 138

VACCINATIONS:

allergies 20

alternatives 10, 104 (see nosodes)

attitudes about viii, 18

books specific to 135-139

blocked response 13, 20, 115

cause of illness 1, 18, 21, 24, 47, 68, 112, 115, 117, 118, 122, 124, 131

dangers of 18, 21, 22, 25, 35, 36, 45, 47, 48, 58, 66, 68, 88, 89, 90, 102, 112, 115, 118, 124, 131, 135

diseases following 21, 64, 89, 90, 117, 124, 131

doctors, fear of liability 3, 36

doctors, income 3, 36, 88, 98

effects of prior xiii, 20, 90

individual experiences 41, 128, 132, 147, 163

mandatory x, 2, 90, 95, 96

opposition to viii, xi, xiii, 1, 108, 117, 131, 147

practice of xii, xiv, 18, 35, 67, 88, 90, 95, 96, 106, 124

quick fix 2

skin problems 20, 21, 89

suppression 3, 13, 20

troubling issue viii, xii, xiv, 5, 18, 64, 66, 69, 72

types of 26, 58, 67

unnatural to the body 21

unprotected 9, 69

warnings xii, xiv, 88, 117

***Vaccinations: The Rest of the Story* 137**

VACCINES:

assault on immune system v, vii, 1, 2, 128

books specific to 135-139

Canine and Feline 67, 95

Children v, 27

Combined 6-8, 23, 44, 47, 48, 124

cost of 91

deadly effects of v, vii, 3, 6, 9, 19, 22-24, 27, 29, 34, 39, 43-46, 48, 68, 69, 83, 99, 118, 124, 130

do not work 4, 18, 88, 89

illness caused by vii, viii, 3, 11, 22, 24, 29, 39, 46-48, 69, 83, 99, 116

increased use 8

individual experiences v, vii, 43, 45, 97

killed virus 37, 99, 100, 101

legality ix, 22, 30

medical proof 1, 17

modified live 25, 29, 39, 70, 71

money 17, 91

nosodes 104, 109

noxious substances 2, 86, 164

preservatives in 39

promotion of 2, 24, 29, 30

rabies 92 95, 98

revaccination 67, 69, 84, 99

suffering viii

suppression, cause of 23, 29, 71

swine flu 51

warnings 71, 88

***Vaccines: Are They Really Safe and Effective?* 137**

vaccinosis 11, 13, 14, 20, 23, 25, 26, 38, 68, 89, 90, 97, 107, 111, 112, 115, 117, 124, 128

***Vaccinosis and Its Cure by Thuja* 14**

Vasquez, DVM, Rolando ix

Vegetarian v

veterinarians ix ,xii, 15, 21, 24, 26, 28, 30, 39, 42, 47, 69, 85, 88, 90, 91, 93 95, 98, 100, 109, 110, 111, 115, 132

holistic 26, 109, 111

homeopathic 110

***Veterinary Homeopathy, Advanced Prescribing* 115**

***Veterinary Vaccines* 138**

Villalobos, DVM, Alice 98

viruses xi, 23, 28, 38, 53, 54, 67, 74, 76, 77, 79, 118, 121, 129

Vithoulkas, George 19

vomiting 26, 38, 117

W

water 34, 40, 42, 83, 109, 118, 130

bite wound 83

oxygen 118, 119

polluted 34, 40

purified 42, 129, 130

warning 109

Weiner, DVM, Neal 145

What about Immunizations: Exposing the Vaccine Philosophy 135

What Every Parent Should Know About Childhood Immunization 137

Wolf Clan Magazine 11,46, 96

World Health Organization 16

Y

Yarnall, Celeste v, 23, 25, 105, 106, 108, 129, 139

Z

Zacharias, Marina 61, 64, 72

HAS YOUR VETERINARIAN INFORMED YOU THAT:

Vaccines are immune system destroyers

Vaccines are composed of bacteria, fungi, and viruses capable of genetic mutation

Vaccines can result in major brain damage

Vaccines are not responsible for the decline in diseases

Many veterinarians do not vaccinate their own animals

Often one-third to one-half of a veterinarian's income comes from vaccinations

For further information see the Society of Animal Homeopathy website:

www.animalhomeopathy.org